



Suggested Usage: As a dietary supplement, adults take one (1) capsule, 1-2 times daily or as directed by your health care professional.

Gluten-free, Non-GMO.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Warning: If you are pregnant, nursing, have any health condition or are taking any medication, consult your health professional before using this product.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper Resistant - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: Cooper Concepts, Inc.
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Formula #202676-60-PL-84121312 V0522



COOPER COMPLETE®

Advanced B Complex



**Physician
Formulated**



**for Energy
Metabolism†**

**With Metafolin®
L-5-MTHF**



Dietary Supplement

60 Vegetarian Capsules | 60 Servings

Supplement Facts

Serving Size 1 vegetarian capsule

Servings Per Container 60

	Amount Per Serving	% Daily Value
Thiamin (vitamin B ₁ , as thiamine HCl)	100 mg	8,333%
Riboflavin (as vitamin B ₂ and 60% riboflavin 5' phosphate)	12.7 mg	977%
Niacin (vitamin B ₃ , as niacinamide and inositol hexaniacinat)	108 mg	675%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate)	16.7 mg	982%
Folate (as Metafolin®, L-5-MTHF) (400 mcg L-5-MTHF)	667 mcg DFE	167%
Vitamin B ₁₂ (as methylcobalamin)	400 mcg	16,667%
Biotin	400 mcg	1,333%
Pantothenic Acid (vitamin B ₅ , as calcium pantothenate)	100 mg	2,000%

Other ingredients: Hydroxypropyl methylcellulose (capsule),
ascorbyl palmitate