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Milk Thistle contains silymarin, which helps support healthy liver function.* In addition, Milk Thistle possesses antioxidant properties that may help fight cell-damaging free radicals in the body.* Free radicals can contribute to oxidative stress, which in turn may contribute to the premature aging of cells.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 4549 B4548 07D

NATURE'S BOUNTY®

STANDARDIZED EXTRACT

Milk Thistle 250mg

**Promotes Healthy
Liver Function***



200 capsules

HERBAL SUPPLEMENT

DIRECTIONS: For adults, take one (1) capsule three times daily, preferably with meals. Capsules may be opened and prepared as a tea.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Milk Thistle Seed Extract (<i>Silybum marianum</i>) (Standardized to contain a minimum of 80% Silymarin)	250 mg **

**Daily Value not established.

Other Ingredients: Rice Flour, Dicalcium Phosphate, Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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