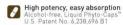
Suggested Use

Take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference



100% vegetarian, dairy free, no gluten-containing ingredients Plant-derived capsule

Laboratory tested for purity Free of heavy-metal toxicity



Nettle Leaf

Supports a healthy inflammatory response*

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JETARY SUPPLEMENT

Supplement Facts

Daily Serving Size 2 Capsules

ALCOHOL FREE CONCENTRATED EXTRACT OF

Nettle leaf (Urtica dioica) ▲ 100 mg†

VALIDATED FULL SPECTRUM PROFILE

Caffeic acid derivatives (from Nettle leaf) . . 2.0 mg+

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

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Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

Each 2 capsules contain 4,000 mg dry herb equivalent.

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