

Warning: Individuals with bipolar (manic) depression should not take SAMe unless under professional medical supervision.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Refrigeration recommended after opening.
SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. Numerous studies have indicated that SAMe can help to temporarily alleviate aches and pains resulting from overexertion or stress. In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in the maintenance of a positive mood. Protocolco SAMe is enteric-coated, which makes it very well tolerated and protects it from degradation.*

SUGGESTED USAGE: As a dietary supplement, take 1 tablet daily, preferably on an empty stomach. For intensive use, take 1-2 tablets, 1-2 times daily under the supervision of a health care practitioner.

PROTOCOL
FOR LIFE BALANCE™

SAMe 200 mg

- Nervous System Support
- Enteric Coated
- Supports Joint Health*

10% of profits donated for health research

60 Tablets

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mcg	100%
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
SAMe (S-Adenosyl-L-Methionine)	200 mg	+
(from 400 mg of S-adenosyl-L-methionine Disulfate Tosylate)		
† Daily Value not established.		

Other Ingredients: Cellulose, Croscarmellose Sodium, Methacrylic Acid, Magnesium Stearate (vegetable source), Silica, Triethyl Citrate, Stearic Acid (vegetable source), Citric Acid and Ascorbic Acid.

Manufactured by NING, P.O. Box 2203, Sparks, NV 89431

Made in the U.S.A. www.protocolco.com

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Product of India.

Peel Here
for more information

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third-party-supervised facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Aspartame and oxygen product to enhance protective during storage.

SAMe was first discovered in the early 1970s. SAMe (S-adenosylmethionine) is a naturally occurring compound found in all living organisms. In humans, SAMe is found throughout the body and is involved in many important biochemical processes. As we age, however, the production of natural SAMe declines.

SAMe comes from Methionine, an amino acid found in protein-rich foods. The process of Methylation happens billions of times a second, affecting everything from fetal development to brain function. It regulates the genetic expression, processes the fatty molecules that stimulate our cells, and helps modulate the action of various hormones and neurotransmitters, including acetylcholine, melatonin, dopamine and adrenaline.*

SAMe supplementation may help to temporarily reduce aches and pains resulting from overexertion or stress, and may help to support mood health. And because Protocolco For Life Balance™ SAMe is enteric-coated, it can safely pass through the acids of the stomach in order to reach the vital areas where it is most needed.*

Cautions and Interactions

There have been reports of SAMe interacting with antidepressant medications and increasing the potential for side effects including headache, irregular or accelerated heart rate, anxiety, and restlessness.

SAMe may affect the body's reactions to L-dopa used for Parkinson's disease. SAMe may also reduce its effectiveness over time.

People taking SAMe should supplement its use with a multivitamin that contains folic acid and vitamins B12 and B6.*