

Suggested Use

Adults take one to two tablets with a glass of water in the evening or as directed by a health care professional. Maximum use 10 days.

NOTICE: This product contains Senna and Cape Aloe. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Senna and Cape Aloe may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

BEST BY:

LOT NO:



meetyourherbs®

ID# 00077042

Senna

gaia
HERBS

RapidRelief™

Natural
Laxative

meetyourherbs®

Enter ID # at GaiaHerbs.com

90 TABLETS DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1

Servings Per Container 90

	Amount Per Serving	% Daily Value
Senna leaf (<i>Cassia angustifolia</i>)	122 mg	†
Cape aloe (<i>Aloe ferox</i>) juice powder	91 mg	†
PROPRIETARY BLEND:	187 mg	†

Dandelion root † (*Taraxacum officinale*), Chicory root † (*Cichorium intybus*), Fennel seed † (*Foeniculum vulgare*), Caraway seed † (*Carum carvi*), Boldo leaf † (*Peumus boldus*), Cumin seed † (*Cuminum cyminum*), Fennel seed essential oil † (*Foeniculum vulgare*).

†Daily Value not established.

† = Ecologically Harvested

ETUS PROPA-B
(00) 1350-0411

Product of Italy.
Manufactured for
Gaia Herbs by
Aboca S.p.A. – Italy.
Distributed by:

Gaia Herbs, Inc.
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com