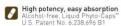
#### Take 3 capsules after the evening meal.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

## The Gaia Difference



100% vegetarian, dairy free, no gluten-containing ingredients Plant-derived capsule

Laboratory tested for purity Laboratory tested for purity
Free of heavy-metal toxicity



Single Herbs

# Milk Thistle

Supports healthy liver function

Enter ID # at GaiaHerbs.com

### Supplement Facts

Serving Size 3 Capsules Servings Per Container 20

**AMOUNT PER 3 CAPSULES** 

### Calories 21

ALCOHOL FREE CONCENTRATED EXTRACTS OF: Milk Thistle seed (Silyburn marianum) + . . 450 mg+

VALIDATED FULL SPECTRUM PROFILE

Silymarins (from Milk Thistle seed)..... 360 mg+

†Daily Value not established

Other ingredients:

Soy lecithin, yegetable glycerin, chlorophyll vegetable cellulose (capsule)

+ = Ecologically Harvested



39920

101 Gaia Herbs Dr.

Brevard, NC 28712

GaiaHerbs.com

Each 3 capsules contain 13,500 mg crude herb equivalent. [03] 1009-0210

Seed

meet your herbs

60 DIETARY SUPPLEMENT VEGETARIAN LIQUID PHYTO-CAPS"