

Suggested Use

Adults take 1 capsule 2 times daily between meals.

*Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.*

The Gaia Difference

-  Plant-derived capsule
Approved for organic use
-  100% vegetarian, dairy free,
no gluten-containing ingredients
-  Laboratory tested for purity
Free of heavy-metal toxicity

gaia[®]
HERBS

Single Herbs

Maca Root

Supports energy
& stamina*

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Enter ID # at GaiaHerbs.com

 60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

Made
With
Organic
Maca

BEST BY
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Supplement Facts

Daily Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER SERVING

Calories 4

Organic Maca root ▲
(*Lepidium meyenii*) 1,000 mg†

† Daily Value not established

Other ingredients: Capsule (vegetable cellulose)

▲ = Certified Organic Ingredient

Each 2 capsules contain 1,000 mg dry herb equivalent.

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HERBS www.gaiaherbs.com

Certified Organic by Oregon Tilth



[001] 1228-0811

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.