

Suggested Use

Take 2 capsules 2-3 times daily after meals. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Turmeric

gaia[®]
HERBS

SystemSupport™

Joint
Health

Supports joint
& back mobility*

meet your herbs™
Enter ID # at GaiaHerbs.com

60

DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

Enter ID# at GaiaHerbs.com BEST BY

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 1,012 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Devil's Claw root + (Harpagophytum procumbens),
Green Tea leaf ▲ (Camellia sinensis), Turmeric root ▲
(Curcuma longa), Brown Seaweed + (Padina pavonica),
Hawthorn berry ▲ (Crataegus spp.), Ginger root
Supercritical CO2 Extract + (Zingiber officinale), Hops
flower Supercritical CO2 Extract + (Humulus lupulus),
Rosemary herb Supercritical CO2 Extract +
(Rosmarinus officinalis)

† Daily Value not established

Other ingredients: Vegetable glycerin, vegetable
cellulose (capsule)

▲ = Certified Organic Ingredient
+ = Ecologically Harvested

Each 2 capsules contain 2,060 mg crude herb equivalent.



gaia[®]
HERBS

Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

[004] 1240-1010

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.