

Manufactured in the USA by:

Douglas Laboratories

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Suggested Usage: As a dietary supplement, adults take 1-2 packs daily with meals or as directed by your healthcare professional.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sugar, starch, artificial coloring, preservatives or flavoring.

Each pack contains: Three pink Basic Preventive 5[®] tablets, two clear Balance Plus[™] Capliques[®] with a clear band that contains a yellow suspension, two beige Fiber-Plex[™] capsules and one white Calcigard[®] 250 Plus Vitamin D tablet.

A Douglas Laboratories[®] Caplique[®] capsule is a liquid-filled, two piece capsule sealed with a band.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing

Formula #64662

Nutri-Pack[™] For Women

A Dietary Supplement



30 Packs

Supplement Facts

Serving Size: 1 Pack (4 Tablets, 2 Capsules, 2 Caplique[®] Capsules per pack) • Servings Per Container: 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories	17	Zinc (as zinc amino acid chelate and zinc gluconate)	12 mg 80%
Calories from Fat	13	Selenium (as selenium amino acid complex) ...	100 mcg 143%
Total Fat	1.3 g 2%	Copper (as copper amino acid chelate)	1 mg 50%
Saturated Fat	0 g 0%	Manganese (as manganese amino acid chelate)	10 mg 500%
Polysaturated Fat	0.6 g *	Chromium (as chromium polynicotinate)	100 mcg 83%
Monounsaturated Fat	0.3 g *	Molybdenum (as molybdenum amino acid chelate)	75 mcg 100%
Dietary Fiber	0.3 g 1%	Potassium (as potassium aspartate-ascorbate complex)	50 mg 1%
Vitamin A (from fish liver oil and 60% (7,500 IU) as natural beta-carotene from D. salina)	12,500 IU 250%	Choline (as choline bitartrate)	75 mg *
Vitamin C (as calcium ascorbate, magnesium/potassium aspartate-ascorbate complex, and L-ascorbic acid)	725 mg 1,208%	Inositol	25 mg *
Vitamin D3 (from fish liver oil)	100 IU 25%	Vanadium (as vanadyl sulfate)	19.5 mcg *
Vitamin E (as d-alpha tocopheryl succinate and d-alpha tocopherol)	230 IU 767%	Boron (as boron aspartate-citrate)	1 mg *
Vitamin K1 (as phytonadione)	30 mcg 38%	para-Aminobenzoic acid	25 mg *
Thiamine (as thiamine mononitrate)	50 mg 3,333%	Citrus bioflavonoids	50 mg *
Riboflavin	25 mg 1,471%	Omega-3 fatty acids	417 mg *
Niacin (as niacinamide and niacin)	110 mg 550%	Eicosapentaenoic acid (EPA)	217 mg *
Vitamin B6	50 mg 2,500%	Docosahexaenoic acid (DHA)	120 mg *
(as pyridoxine hydrochloride)	400 mcg 100%	Omega-6 fatty acids	151 mg *
Folic acid	50 mcg 833%	Gamma linolenic acid (GLA)	42 mg *
Vitamin B12 (as cyanocobalamin on ion exchange resin)	200 mcg 50%	Omega-9 fatty acids	161 mg *
Biotin	150 mcg 2,000%	Oleic acid	133 mg *
Pantothenic acid (as d-calcium pantothenate)	500 mg 50%	Proprietary blend: Glucomannan, Carrot Root, Celery (stalk and leaves), Citrus Pectin, Apple Pectin, Sodium Alginate and Slippery Elm Bark.	1 g *
Calcium (as calcium citrate and calcium ascorbate)	75 mcg 50%		
Iodine (from kelp)	250 mg 63%		
Magnesium (as magnesium aspartate-ascorbate complex and magnesium amino acid chelate)			

Other ingredients: Cellulose, modified cellulose gum, stearic acid, gelatin (capsule from Tilapia), ultra pure fish oil concentrate, cold pressed organic evening primrose oil, olive oil, L-glutamic acid, methylcellulose, vegetable stearate, magnesium stearate, water, silica, gum ghatti, titanium dioxide, natural tangerine flavor and canthaxanthin (carotene color).

This product contains fish oil (anchovies and mackerel).