

Suggested Use

Take 2 capsules 3 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Dandelion

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HERBS

SystemSupport™

Herbal Diuretic

Supports healthy
fluid elimination*

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Enter ID # at GaiaHerbs.com

 60 DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 1,224 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Dandelion leaf ▲ (*Taraxacum officinale*), Juniper berry + (*Juniperus communis*), Fenugreek seed ▲ (*Trigonella foenum-graecum*), Parsley leaf & root ▲ (*Petroselinum crispum*), Cilantro leaf ▲ (*Coriandrum sativum*), Fennel seed ▲ (*Foeniculum vulgare*), Bladderwrack fronds + (*Fucus vesiculosus*).

†Daily Value not established.

Other ingredients:

Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

Each 2 capsules contain 2,474 mg dry herb equivalent.



gaia[®]
HERBS

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.