



Nutri-PackTM For Men

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size: 1 Pack (3 Tablets, 2 Capsules, 2 CapliquesTM per pack) • Servings Per Container: 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories	17	Magnesium	250 mg 63%
Calories from Fat	13	(as magnesium aspartate-ascorbate complex and magnesium amino acid chelate**)	
Total Fat	1.3 g 2%	Zinc (as zinc amino acid chelate** and zinc gluconate)	12 mg 80%
Saturated Fat	0 g 0%	Selenium (as selenium amino acid complex)	100 mcg 143%
Polyunsaturated Fat	0.6 g *	Copper (as copper amino acid chelate**)	1 mg 50%
Monounsaturated Fat	0.3 g *	Manganese (as manganese amino acid chelate**)	10 mg 500%
Dietary Fiber	0.3 g 1%	Chromium (as chromium polynicotinate***)	100 mcg 83%
Vitamin A (from fish liver oil and 60% [7,500 IU] as natural beta-carotene from D, salina)	12,500 IU 250%	Molybdenum (as molybdenum amino acid chelate**)	75 mcg 100%
Vitamin C (as calcium ascorbate, magnesium/potassium aspartate-ascorbate complex, and L-ascorbic acid)	725 mg 1,208%	Potassium (as potassium aspartate-ascorbate complex)	50 mg 1%
Vitamin D3 (from fish liver oil)	50 IU 13%	Choline (as choline bitartrate)	75 mg *
Vitamin E (as d-alpha tocopheryl succinate and d-alpha tocopherol)	230 IU 767%	Inositol	25 mg *
Vitamin K1 (as phytonadione)	30 mcg 38%	Vanadium (as vanadyl sulfate)	19.5 mcg *
Thiamine (as thiamine mononitrate)	50 mg 3,333%	Boron (as boron aspartate-citrate)	1 mg *
Riboflavin	25 mg 1,471%	para-Aminobenzoic acid	25 mg *
Niacin (as niacinamide and niacin)	110 mg 550%	Citrus bioflavonoids	50 mg *
Vitamin B6 (as pyridoxine hydrochloride)	50 mg 2,500%	Omega-3 fatty acids	417 mg *
Folic acid	400 mcg 100%	Eicosapentaenoic acid (EPA)	217 mg *
Vitamin B12 (as cyanocobalamin on ion exchange resin)	50 mcg 833%	Docosahexaenoic acid (DHA)	120 mg *
Biotin	150 mcg 50%	Omega-6 fatty acids	151 mg *
Pantothenic acid (as d-calcium pantothenate)	200 mg 2,000%	Gamma Linolenic acid (GLA)	42 mg *
Calcium (as calcium citrate and calcium ascorbate)	250 mg 25%	Omega-9 fatty acids	161 mg *
Iodine (from kelp)	75 mcg 50%	Oleic acid	133 mg *
		Proprietary blend	1 g *
		Glucmannan, Carrot Root, Celery (stalk and leaves), Citrus Pectin, Apple Pectin, Sodium Alginate and Slippery Elm Bark.	

Other ingredients: Cellulose, modified cellulose gum, gelatin (capsule), ultra pure fish oil concentrate, cold pressed organic evening primrose oil, olive oil, methylcellulose, vegetable stearate, magnesium stearate, water, silica, gum ghatti, titanium dioxide, natural tangerine flavor and canthaxanthin (carotene color).

Manufactured in the USA by:
Douglas Laboratories
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Pittsburgh, PA 15205 USA
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Suggested Usage:

As a dietary supplement, adults take 1 pack twice daily with meals or as directed by your healthcare professional.

**U.S. Patent Number 4,599,152 Albion Laboratories

***ChromeMate® brand. U.S. Patent Number 4,923,855 InterHealth Co.

Each pack contains: Three pink Basic Preventive 5® tablets, two clear Balance PlusTM CapliquesTM with a clear band that contains a yellow suspension, and two beige Fiber-PlexTM capsules.

A CapliqueTM is a liquid-filled, two piece capsule sealed with a band.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sugar, starch, artificial coloring, preservatives or flavoring.



Formula #64661