

## Suggested Use

Take 2 capsules 2 times daily after meals. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

## The Gaia Difference

-  **High potency, easy absorption**  
Alcohol-free, Liquid Phyto-Caps™  
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**  
Plant-derived capsule
-  **Laboratory tested for purity**  
Free of heavy-metal toxicity

Horsetail

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HERBS

SystemSupport™

Hair, Skin &  
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Enhances  
outer beauty\*  
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 60 DIETARY SUPPLEMENT  
VEGETARIAN LIQUID PHYTO-CAPS™

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## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

### AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 1,242 mg†

### PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Triphala fruit ▲ (*Embllica officinalis*, *Terminalia bellerica*, *Terminalia chebula*), Horsetail aerial parts + (*Equisetum arvense*), Burdock root ▲ (*Arctium lappa*), Alfalfa aerial parts ▲ (*Medicago sativa*), Gotu Kola leaf ▲ (*Centella asiatica*), Nettle leaf ▲ (*Urtica dioica*), Astaxanthin

†Daily Value not established.

### Other ingredients:

Vegetable glycerin, capsule (vegetable cellulose)  
▲ = Certified Organic Ingredient + = Ecologically Harvested

Each 2 capsules contain 3,370 mg dry herb equivalent.



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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.