

Suggested Use

Take 2 capsules 2 times daily after meals.
*Not to be used during pregnancy or lactation.
If you have a medical condition or take
pharmaceutical drugs, please consult with
your doctor before using this product. Keep
away from children. Use only as directed on
label. Safety sealed for your protection. Keep
bottle capped at all times and store in a cool
dry place. Natural separation may occur. This
does not affect product quality.*

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free,
no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Green Tea

gaia[®]
HERBS

Single Herbs

Green Tea

Provides whole body
anti-oxidant support*

meetyourherbs™

Enter ID # at GaiaHerbs.com



DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

BEST BY
Enter ID # at GaiaHerbs.com

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS 420 mg†

Green Tea herb (*Camellia sinensis*) ▲ 200 mg†

Green Tea extract (*Camellia sinensis*) + . . . 220 mg†

VALIDATED FULL SPECTRUM PROFILE

Total Polyphenols 300 mg†

†Daily Value not established.

This product contains caffeine from Green Tea.

Other ingredients:

Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

Each 2 capsules contain 3,000 mg dry herb equivalent.



gaia[®]
HERBS

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*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.