

Suggested Use

Adults take 2 capsules every 2 hours at onset.

*Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

The Gaia Difference

-  **Liquid potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity



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HERBS

RapidRelief™

Echinacea
Goldenseal

Supports immune &
respiratory response*
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VEGETARIAN LIQUID PHYTO-CAPS™
DIETARY SUPPLEMENT

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Supplement Facts

Daily Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER SERVING

Calories 20

PROPRIETARY EXTRACT BLEND 742mg†

Echinacea purpurea root, aerial parts and seed ▲, Echinacea angustifolia root ▲
(1.52 mg† isobutylamides)

Barberry root + (Berberis vulgaris), Goldenseal root + (Hydrastis canadensis), Oregon Grape root + (Mahonia aquifolium)
(10 mg† alkaloids)

St. John's Wort flower buds and tops +
(Hypericum perforatum)

† Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient + = Ecologically Harvested



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.