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ACTUAL SIZE

#### GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

#### GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Please recycle this box.

## MENOPAUSE FORMULA

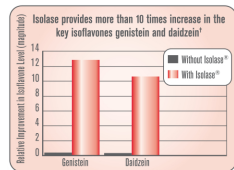
GNC Women's Menopause Formula is specially formulated with standardized soy isoflavones, Isolase® and black cohosh for women seeking support for menopause.\*

#### Soy isoflavones

- Act as mild estrogens and may help manage hot flashes and night sweats associated with menopause.\* Emerging research reveals that isoflavones may also have the ability to help maintain bone density,\* another common concern of women during menopause. The best known isoflavones are genistein and daidzein.

#### Isolase®

- A patented enzyme system; laboratory studies indicate its ability to significantly increase the availability of soy isoflavones.\*



\*Based on laboratory studies combining 35 mg of Isolase® with 100 mg total isoflavones for 1 hr. The increase in the level of genistein and daidzein in each

sample was then measured by high performance liquid chromatography (HPLC). A 12.8 fold increase in genistein and 10.5 fold increase in daidzein were observed.

#### Black cohosh

- A popular herb studied in German clinical trials and frequently recommended for hot flashes.\*

To ensure a more complete nutritional program, be sure to include one of GNC's premium Women's Ultra Mega® multivitamin formulas to your daily regimen.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## MENOPAUSE FORMULA

Dietary Supplement

### HERBAL SUPPORT FOR COMMON MENOPAUSE SYMPTOMS\*

- May help provide support for hot flashes and night sweats\*
- Standardized soy isoflavones
- 160 mg of black cohosh root extract

30 CAPSULES

CODE 296511

JLG

**Directions:** As a dietary supplement, take one capsule daily.

## Supplement Facts

Serving Size One Capsule

### Amount Per Serving

|                                                             |         |
|-------------------------------------------------------------|---------|
| Black Cohosh Root Extract<br>( <i>Cimicifuga racemosa</i> ) | 160 mg* |
| Soy Isoflavone Concentrate<br>(40% Isoflavones = 40 mg)     | 100 mg* |
| Isolase®                                                    | 35 mg*  |

\* Daily Value not established.

**Other Ingredients:** Cellulose, Gelatin, Maltodextrin.

**CONTAINS: Soybeans and Wheat.**

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.  
Meets USP <2040> disintegration.

U.S. Patent Nos. 6,642,212; 6,664,382; 6,323,018;  
6,495,141; 5,990,291; 6,680,381 and 6,562,380.

**Isolase®** is a registered trademark of National Enzyme Company.

No Sugar, No Artificial Colors, No Artificial Flavors,  
Sodium Free, No Gluten, No Dairy, Yeast Free.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.