

SUGGESTED USE: As a dietary supplement, take three (3) capsules before bedtime, or as directed by a healthcare professional.

CAUTION: Do not use before driving or operating machinery or anything that requires your full attention.

OLYMPIAN LABS GUARANTEE:

Olympian Labs guarantees that all OL products are of the highest quality ingredients and lab assayed to ensure that what we say on the label is actually in the product. All Olympian Labs products are free from most allergens such as corn, yeast, barley, gluten, wheat, soy, lactose, all milk products, citrus, fish, egg products, as well as added flavorings, sugars, sweeteners, salt, preservatives, salicylates, artificial colors and coatings. When you buy an Olympian Labs product, you can be sure you are buying the best.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.



Since  1992

All Natural

SIESTA

Easy to Swallow Capsules

100 Veg. Capsules / Dietary Supplement

OLYMPIAN LABS INCORPORATED

Supplement Facts

Serving Size: Five (3) Capsules
Servings Per Container: 33

Amount Per Serving:		% Daily Value*
Pantothenic Acid (Vitamin B-5) (from calcium pantothenate)	60 mg	60%
Calcium (as calcium citrate)	240 mg	3%
Valerian Root (Valeriana officinalis)	675 mg	†
Passion Flower (herb) (Passiflora incarnata)	600 mg	†
Peppermint (leaf) (Mentha piperita)	225 mg	†
Skullcap (herb) (Scutellaria laterifolia)	150 mg	†
Parsley (leaf) (Petroselinum crispum)	150 mg	†
Natural base Hops (dried flower) (Humulus lupulus)	135 mg	†
L-Tyrosine	75 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Microcrystalline Cellulose (Plant Fiber), Rice Flour, Ascorbyl Palmitate and Silica.

Confused on what to take? Check yourself at:

WhatVitaminsAreRightForYou.com

Made in USA • Manufactured by: OLYMPIAN LABS INCORPORATED
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