

Suggested Use

Take 2 capsules 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference



High potency, easy absorption
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1



**100% vegetarian, dairy free,
no gluten-containing ingredients**
Plant-derived capsule



Laboratory tested for purity
Free of heavy-metal toxicity

Artichoke

gaia[®]
HERBS

SystemSupport™

Cholesterol MAINTENANCE

Maintains healthy
cholesterol levels*

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Enter ID # at GaiaHerbs.com



DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

Enter ID# at GaiaHerbs.com BEST BY

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 1,340 mg†

Pantethine 200 mg†

Guggulu resin † (Commiphora mukul) 80 mg†

Policosanol 8 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND: 1,052 mg†

Arjuna bark † (Terminalia arjuna), Artichoke leaf ▲
(Cynara scolymus), Coleus root † (Coleus forskohlii),
Wild Yam root † (Dioscorea villosa), Dandelion root
▲ (Taraxacum officinale)

†Daily Value not established.

Other ingredients:

Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

† = Ecologically Harvested

Each 2 capsules contain 2,664 mg crude herb equivalent.



gaia[®]
HERBS

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.