Suggested Use

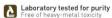
Adults Take 2 capsules 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications please consult with your doctor before using this product. Keep away from childran. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cod for place. Natural separation may occur. This does not affect product paulish.

The Gaia Difference









Single Herbs

Black Elderberry

Supports a healthy immune response*

meetyourherbs

260 VEGETARIAN LIQUID PHYTO-CAPS"

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

AMOUNT PER SERVING

Calories 30

Black Elderberry berries extract A

(Sambucus nigra)
+Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient

Each 2 capsules contain 2,650 mg dry herb equivalent.



1,150 mg+

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101 Gaia Herbs Dr., Brevard, NC 28712

GaiaHerbs.com

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