

Manufactured in the USA by:
Douglas Laboratories
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Pittsburgh, PA 15205 USA
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1.800.245.4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1-2 packs daily with meals or as directed by your healthcare professional.

**U.S. Patent Number 4,599,152 Albion Laboratories
***ChromeMate® brand. U.S. Patent Number 4,923,855 InterHealth Co.

Each pack contains: Three pink Basic Preventive 5® tablets, two clear Balance Plus™ Caplique™ capsules with a clear band that contains a yellow suspension, and two beige Fiber-Plex™ capsules.

A Douglas Laboratories® Caplique™ capsule is a liquid-filled, two piece capsule sealed with a band.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place, (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #64661



Nutri-Pack™ For Men

A Dietary Supplement



30 Packs

Supplement Facts

Serving Size: 1 Pack (3 Tablets, 2 Capsules, 2 Caplique™ capsules per pack)
Servings Per Container: 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories	17	Magnesium	250 mg 63%
Calories from Fat.....	13	(as magnesium aspartate-ascorbate complex and magnesium amino acid chelate**)	
Total Fat	1.3 g 2%	Zinc (as zinc amino acid chelate* and zinc gluconate)	12 mg 80%
Saturated Fat	0 g 0%	Selenium.....	100 mcg 143%
Polyunsaturated Fat.....	0.6 g *	Copper (as copper amino acid chelate**).....	1 mg 50%
Monounsaturated Fat.....	0.3 g *	Manganese	10 mg 500%
Dietary Fiber.....	0.3 g 1%	(as manganese amino acid chelate**)	
Vitamin A (from fish liver oil	12,500 IU 250%	Chromium	100 mcg 83%
and 60% (7,500 IU) as natural beta-carotene from D. salina)		Molybdenum	75 mcg 100%
Vitamin C (as calcium ascorbate,	725 mg 1,208%	(as molybdenum amino acid chelate**)	
magnesium/potassium aspartate-ascorbate complex, and L-ascorbic acid)		Potassium	50 mg 1%
Vitamin D3 (from fish liver oil)	50 IU 13%	(as potassium aspartate-ascorbate complex)	
Vitamin E (as d-alpha tocopheryl	230 IU 767%	Choline (as choline bitartrate)	75 mg *
succinate and d-alpha tocopherol)		Inositol	25 mg *
Vitamin K1 (as phytonadione)	30 mcg 38%	Vanadium (as vanadyl sulfate)	19.5 mcg *
Thiamine (as thiamine mononitrate)	50 mg 3,333%	Boron (as boron aspartate-citrate)	1 mg *
Riboflavin.....	25 mg 1,471%	para-Aminobenzoic acid	25 mg *
Niacin (as niacinamide and niacin)	110 mg 550%	Citrus bioflavonoids	50 mg *
Vitamin B6	50 mg 2,500%	Omega-3 fatty acids	417 mg *
(as pyridoxine hydrochloride)		Eicosapentaenoic acid (EPA)	217 mg *
Folic acid	400 mcg 100%	Docosahexaenoic acid (DHA)	120 mg *
Vitamin B12 (as cyanocobalamin on ...	50 mcg 833%	Omega-6 fatty acids	151 mg *
ion exchange resin)		Gamma linolenic acid (GLA)	42 mg *
Biotin.....	150 mcg 50%	Omega-9 fatty acids	161 mg *
Pantothenic acid	200 mg 2,000%	Oleic acid	133 mg *
(as d-calcium pantothenate)		Proprietary blend	1 g *
Calcium	250 mg 25%	Glucosamin, Carrot Root, Celery (stalk and leaves), Citrus Pectin, Apple Pectin, Sodium Alginate and Slippery Elm Bark.	
(as calcium citrate and calcium ascorbate)			
Iodine (from kelp)	75 mcg 50%		

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Cellulose, modified cellulose gum, gelatin (capsule), ultra pure fish oil concentrate, cold pressed organic evening primrose oil, olive oil, methylcellulose, vegetable stearate, magnesium stearate, water, silica, gum ghatti, titanium dioxide, natural tangerine flavor and canthaxanthin (carotene color).