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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL
SIZE

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GNC

Vitamin B-1 300

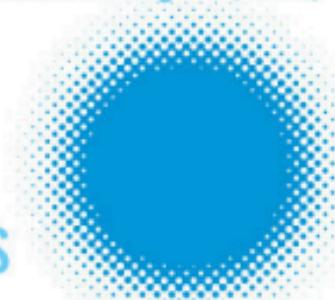
DIETARY SUPPLEMENT

essential for energy production

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

300 mg

100  Vegetarian TABLETS



CODE 259511

JJG

Directions: As a dietary supplement, take one tablet daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving

% Daily Value

Thiamin (Vitamin B-1)	300 mg	20000%
(as Thiamin Hydrochloride)		

Other Ingredients: Cellulose, Whole Brown Rice Powder (*Oryza sativa*).

Potency verified by GNC procedure #5103.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



Lot No./Best By: