



Vitamin B-Complex

A Dietary Supplement



**Douglas
Laboratories®**

60 Capsules

Supplement Facts

Serving Size 1 capsule • Servings Per Container 60

Amount Per Serving		%DV
Thiamine	50 mg	3,333%
Riboflavin	50 mg	2,941%
Niacin/Niacinamide	50 mg	250%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2,500%
Folic Acid	100 mcg	25%
Vitamin B-12	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as Calcium Pantothenate)	50 mg	500%
PABA (<i>para</i> -Aminobenzoic Acid)	50 mg	*
Inositol	50 mg	*
Choline (from 50 mg of Choline Bitartrate)	23.5 mg	*

*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate and silica.

Manufactured by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Formula #80128

