ONE A DAY® Women's

Complete Multivitamin Plus More† for Women to Support:*
- **Bone Strength**
- **Breast Health**
- **Heart Health**
- **Healthy Reproductive System**

The One A Day Brand is Donating $200,000 to††
The Breast Cancer Research Foundation®

†Compared to One A Day® Essential, and with twice the Calcium & Vitamin D in Centrum® for bone strength and breast health

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ONE A DAY® Women's

Complete Multivitamin Plus More† for Women to Support:*
- **Bone Strength with more† Calcium, more† Vitamin D and Magnesium**
- **Breast Health with more† Vitamin D**
- **Heart Health with Vitamins B6, B12, C, E and Folic Acid**
- **A Healthy Reproductive System with Folic Acid, Magnesium, Zinc and Calcium. Provides nutritional support during PMS and menopause**
- **Healthy Skin with Vitamin A, Vitamin C, Copper and Iron**

SUPPORTS BONE & BREAST HEALTH*

ONE A DAY® MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Women's

60 TABLETS

NO INK / NO COATING

NO INK / NO COATING

AP50645CC08
IFC513

F.P.O. 100% UPC
0 16500 07406 9

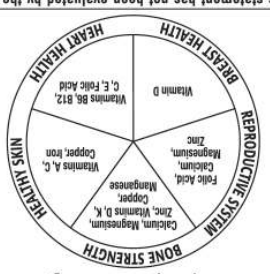
Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
Visit our website at www.oneaday.com

Bayer HealthCare

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P.O. Box 1910
Morristown, NJ 07962-1910 USA

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The Breast Cancer Research Foundation is a trademark of The Breast Cancer Research Foundation.

*Ingredients to Help Keep Women Strong and Healthy:**



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††This product is not intended to prevent or treat breast cancer and is not endorsed by The Breast Cancer Research Foundation.

The Complete Multivitamin Plus More† For Women

Bone strength and breast health are not just issues for older women. You can start to lose bone mass† as early as your 30's and you need to monitor your breast health as early as possible. One A Day® Women's is a complete multivitamin specially formulated for leading health needs of women. It contains twice as much Calcium as Centrum® to promote strong bones and twice as much Vitamin D† to support breast health. Emerging research suggests the daily consumption of 1,000 IUs of Vitamin D is associated with support of breast health. One A Day® Women's contains 800 IUs of Vitamin D to help supplement your daily intake of Vitamin D.*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

INGREDIENTS: Calcium Carbonate, Cellulose, Magnesium Oxide, Ascorbic Acid, Ferrous Fumarate, Corn Starch, Maltodextrin, dl-Alpha-Tocopheryl Acetate, Acacia, Croscarmellose Sodium, Zinc Oxide, Titanium Dioxide, Dextrin, Hypromellose, Magnesium Stearate, Dicalcium Phosphate, Gelatin, Niacinamide, Silicon Dioxide, D-Calcium Pantothenate, Manganese Sulfate, Polyethylene Glycol, Cupric Sulfate, Dextrose, Pyridoxine Hydrochloride, Glucose, Soy Lecithin, Riboflavin, Thiamine Mononitrate, Vitamin A Acetate, Chromium Chloride, Folic Acid, Beta-Carotene, FD&C Yellow #5 (Tartrazine) Lake, FD&C Yellow #6 Lake, Sodium Selenate, Biotin, Phytonadione, FD&C Blue #2 Lake, Cholecalciferol, Tricalcium Phosphate, Cyanocobalamin. **Contains:** Soy.

Supplement Facts					
Serving Size: One tablet					
Amount Per Serving		**% Daily Value**	**Amount Per Serving**		**% Daily Value**
Total Carbohydrate	< 1 g	< 1%*	Vitamin B12	6 mcg	100%
Vitamin A	2500 IU	50%	Biotin	30 mcg	10%
(20% as beta-carotene)			Pantothenic Acid	5 mg	50%
Vitamin C	60 mg	100%	Calcium (elemental)	450 mg	45%
Vitamin D	800 IU	200%	Iron	18 mg	100%
Vitamin E	30 IU	100%	Magnesium	50 mg	13%
Vitamin K	25 mcg	31%	Zinc	15 mg	100%
Thiamin (B1)	1.5 mg	100%	Selenium	20 mcg	29%
Riboflavin (B2)	1.7 mg	100%	Copper	2 mg	100%
Niacin	10 mg	50%	Manganese	2 mg	100%
Vitamin B6	2 mg	100%	Chromium	120 mcg	100%
Folic Acid	400 mcg	100%			

*Percent Daily Values are based on a 2,000 calorie diet.

Directions: Adults: One tablet daily, with food.

EXPIRATION DATE:

ONE A DAY® Women's

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not use this product if safety seal bearing "SEALED for YOUR PROTECTION" under cap is torn or missing.

Lot & Exp Date Placement 5/8" from edge.