ONE A DAY® Women's 50+ Advantage

Complete Multivitamin Plus More† to Support:*

- Memory & Concentration
- Bone Strength & Joint Health
- Breast Health
- Heart Health
- Eye Health

The One A Day Brand is Donating $200,000 to‡ The Breast Cancer Research Foundation™

†Compared to One A Day® Essential, and with more Calcium and Vitamin D than Centrum® Silver® for bone strength and breast health

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

ONE A DAY® Women's 50+ Advantage

Complete Multivitamin Plus More† to Support:*

- Memory and Concentration with Ginkgo
- Bone Strength with more† Calcium, more† Vitamin D and Magnesium
- Joint Health with 100% of Vitamin C to support collagen formation
- Breast Health with more† Vitamin D
- Heart Health with Vitamins B6, B12, C, E and Folic Acid
- Eye Health with Vitamins E, A, C and Zinc

Does Not Contain Iron

With Memory Support*

ONE A DAY®

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Women's 50+ Advantage

50 TABLETS

NO INK / NO COATING

NO INK / NO COATING

AP54140AP08
IFC513

F.P.O. 100% UPC
0 16500 52915 6

Questions or comments?
Please call 1-800-800-4793 (Mon-Fri 9-5 EST)
Visit our website at www.oneaday.com

Bayer HealthCare

Made in U.S.A.
Distributed by:
Bayer HealthCare LLC
Consumer Care
P.O. Box 1910
Morristown, NJ 07962-1910 USA

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Centrum and Silver are trademarks of Wyeth Holdings Corporation.

The Breast Cancer Research Foundation is a trademark of The Breast Cancer Research Foundation.

Directions: Adults: Take one tablet daily, with food.

Supplement Facts

Serving Size: One tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Total Carbohydrate < 1 g	<1%*	Vitamin B6 6 mg	300%	Selenium 20 mcg	29%
Vitamin A 2500 IU	50%	Folic Acid 400 mcg	100%	Copper 2 mg	100%
(20% as beta-carotene)		Vitamin B12 25 mcg	417%	Manganese 4 mg	200%
Vitamin C 60 mg	100%	Biotin 30 mcg	10%	Chromium 180 mcg	150%
Vitamin D 800 IU	200%	Pantothenic Acid 15 mg	150%	Molybdenum 90 mcg	120%
Vitamin E 33 IU	110%	Calcium (elemental) 405 mg	41%	Ginkgo Biloba Extract (leaf) 120 mg	**
Vitamin K 20 mcg	25%	Iron 0 mg	0%		
Thiamin (B_1) 4.5 mg	300%	Iodine 150 mcg	100%	*Percent Daily Values are based on a 2,000 calorie diet.	
Riboflavin (B_2) 3.4 mg	200%	Magnesium 50 mg	13%		
Niacin 20 mg	100%	Zinc 22.5 mg	150%	**Daily Value not established.	

INGREDIENTS: Calcium Carbonate, Cellulose, Ginkgo Biloba Extract, Magnesium Oxide, Ascorbic Acid, Corn Starch, Croscarmellose Sodium, dl-Alpha-Tocopheryl Acetate, Dicalcium Phosphate, Maltodextrin, Acacia, Zinc Oxide, Silicon Dioxide, Niacinamide, D-Calcium Pantothenate, Dextrin, Crospovidone, Titanium Dioxide, Hypromellose, Manganese Sulfate, Gelatin, Magnesium Stearate, Pyridoxine Hydrochloride, Polyethylene Glycol, Artificial Flavor, Cupric Sulfate, Thiamine Mononitrate, Riboflavin, Soy Lecithin, Glucose, Chromium Chloride, FD&C Yellow #6 Lake, Vitamin A Acetate, Folic Acid, Dextrose, FD&C Yellow #5 (tartrazine) Lake, Beta-Carotene, Sodium Molybdate, Potassium Iodide, Sodium Selenate, FD&C Blue #2 Lake, Biotin, Cholecalciferol, Cyanocobalamin, Phytonadione, Thiamin Hydrochloride, Sodium Phosphate. **Contains:** Soy.

Ask a doctor before use if you are taking a drug for anticoagulation (thinning the blood), including daily aspirin. Before surgery, ask your doctor about continued use.

A MULTIVITAMIN SPECIALLY FORMULATED FOR WOMEN OVER 50
As a woman over 50, you don't have to settle for an all-purpose multivitamin. You can take one that is specially formulated for both your age and gender. One A Day® Women's 50+ Advantage contains more Calcium and Vitamin D than Centrum® Silver® to promote bone strength and support breast health and it provides key nutrients to support heart health, eye health, and healthy blood pressure.†† Plus, it contains Ginkgo to promote memory and concentration.

††To help maintain blood pressure levels already within the normal range

†This product is not intended to prevent or treat breast cancer and is not endorsed by The Breast Cancer Research Foundation.

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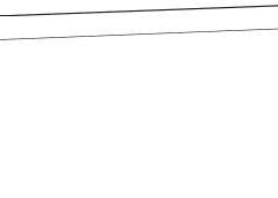
*Key Ingredients for Women Over 50 to Support:**



ONE A DAY® Women's 50+ Advantage

KEEP OUT OF REACH OF CHILDREN

Do not use this product if safety seal bearing *"SEALED for YOUR PROTECTION"* under cap is torn or missing.

EXPIRATION DATE:

Lot & Exp Date Placement 5/8" from edge.