

ONE A DAY

Men's Health Formula

Complete Multivitamin Plus More[†] for Men to Support:*

- Prostate Health
- Heart Health
- Healthy Blood Pressure^{††}

OFFICIAL SPONSOR



[†] Compared to One A Day[®] Essential, and with nearly twice the Selenium in Centrum[®] for prostate health

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ONE A DAY

Men's Health Formula

Complete Multivitamin Plus More[†] for Men to Support:*

- Prostate Health with Lycopene, more[†] Selenium, Vitamin E and Zinc
- Heart Health with Vitamins B6, B12, C, E and Folic Acid
- Healthy Blood Pressure^{††} with Calcium, Magnesium and Vitamin C

Does Not Contain Iron - Research suggests excess iron may increase a man's risk of heart disease

^{††} To help maintain blood pressure levels already within the normal range

SUPPORTS
PROSTATE
HEALTH*

ONE A DAY[®]
MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

Men's Health Formula

100 TABLETS

NO INK /
NO COATING

NO INK /
NO COATING

AP50580BE08
IFC514



Questions or comments?
Please call 1-800-800-4793 (Mon-Fri 9-5 EST)
Visit our website at www.oneaday.com



Bayer HealthCare

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THE COMPLETE MULTIVITAMIN PLUS MORE[†] FOR MEN
Did you know that prostate cancer is the most frequently diagnosed cancer in men and that emerging research suggests Selenium may reduce the risk of prostate cancer? One A Day[®] Men's Health Formula is a complete multivitamin plus key nutrients including Selenium to support a healthy prostate. Selenium may reduce the risk of certain cancers. Some scientific evidence suggests that consumption of Selenium limited and not conclusive.
[†] Compared to One A Day[®] Essential, and with nearly twice the Selenium in Centrum[®] for prostate health

Contains: Fish (cod, pollock, haddock, hake, cusk, redfish) and Soy.
dl-Alpha-Tocopheryl Acetate, Corn Starch, Croscarmellose Sodium, Acacia, Dicalcium Phosphate, dl-Calcium Pantothenate, Magnesium Oxide, Potassium Chloride, Cellulose, Ascorbic Acid, Zinc Oxide, Nicotinamide, Gelatin, Stearic Acid, Silicon Dioxide, Dextrin, Magnesium Stearate, D-Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Hypromellose, Cupric Oxide, Calcium Silicate, Resin, Glucose, Riboflavin, Sucrose, Vitamin A Acetate, Thiamine Mononitrate, Dextrose, Soy Lecithin, Chromium Chloride, Lycopene, Folic Acid, Sodium Carboxymethylcellulose, Beta-Carotene, Sodium Selenate, Sodium Citrate, Tricalcium Phosphate, Sodium Ascorbate, Tocopherols, Biotin, Phytanadione, Cyanocobalamin, Ergocalciferol, Ascorbyl Palmitate.

Amount Per % Daily	Amount Per % Daily	Amount Per % Daily	Amount Per % Daily	Amount Per % Daily	Amount Per % Daily
Vitamin A (14% as beta-carotene)	3500 IU	70%	Vitamin B6	3 mg	150%
Vitamin C	90 mg	150%	Folic Acid	400 mcg	100%
Vitamin D	400 IU	100%	Selenium	105 mcg	150%
Vitamin E	45 IU	150%	Copper	2 mg	100%
Vitamin K	20 mcg	25%	Manganese	2 mg	100%
Calcium (elemental)	210 mg	21%	Vitamin B12	18 mcg	300%
Iron	0 mg	0%	Chromium	120 mcg	100%
Riboflavin (B2)	1.7 mg	100%	Potassium	100 mg	3%
Thiamin (B1)	1.2 mg	80%	Lycopene	600 mcg	*
Niacin	16 mg	80%			
Zinc	15 mg	100%			

Directions: Adults: One tablet daily, with food.
Serving Size: One tablet

Supplement Facts

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Key Ingredients for Men: *

^{††} To help maintain blood pressure levels already within the normal range

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not use this product if safety seal bearing "SEALED for YOUR PROTECTION" under cap is torn or missing.

ONE A DAY[®]
Men's Health Formula

EXPIRATION DATE: