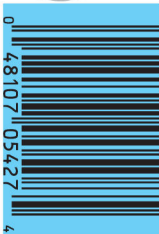


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General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL
SIZE



GNC

Magnesium 250

DIETARY SUPPLEMENT

*essential for calcium absorption
and strong bones and teeth**

250 mg

90  **Vegetarian TABLETS**

ELEMENTAL

CODE 254212

JKG

Magnesium helps to build bones and maintain strong teeth.* This important mineral also is involved in nerve, skeletal muscle, heart and cell function.*

Directions: As a dietary supplement, take one tablet daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	250 mg	63%

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides. All mineral amounts shown are elemental.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

Ko

Lot No./Best By: