

Because glutamine is the most abundant amino acid in the body, its role is vital to maintaining a variety of functions. Like all amino acids, it is used as a building block for muscle tissue. The body's demand for glutamine increases significantly when the body is responding to physical stress, including exercise, injury, or even fasting, making our **L-Glutamine Powder** a popular nutritional supplement among athletes.†

Glutamine is considered a vital fuel source for intestinal cells and is required for the maintenance of a healthy digestive tract. It is also well known as an important brain nutrient, contributing to a variety of important neurofunctions.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% Pure
**L-GLUTAMINE
POWDER**

**Supports Athletic Performance
and Intestinal Health†**

Dietary Supplement

NET WT. 8 OZ.

Supplement Facts

Serving Size 1 Scoop (included in bottle)

Servings Per Container 227

Amount Per Serving	% Daily Value
L-Glutamine	1 g *

* Daily Value not established.

This product contains only 100% pure glutamine.

SUGGESTED USE: Take 2-5 grams daily. Dissolve in 8 oz. of liquid. Best when taken after exercising and between meals. Our L-Glutamine powder is suitable for both vegetarian and non-vegetarians.

CONTAINS NO sugar, starch, artificial colors, flavors, preservatives, corn, soy, yeast, wheat, grain, gluten, egg, or milk products. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN.

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