

SUGGESTED USE: Take two tablets daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Minerals support skeletal structure, activate enzymes and produce energy. Our **Mineral Tabs** supplement provides ten essential minerals, vitamin D, betaine HCl, and glutamic acid to maximize absorption.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor immediately.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MINERAL TABS

With VITAMIN D

Promotes Bone, Muscle, and Nerve Health[†]

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	200IU	50%
Calcium (from calcium carbonate)	1,000 mg	100%
Iron (from iron peptonate)	18 mg	100%
Iodine (from kelp, potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide, chelate ^{**})	500 mg	125%
Zinc (from zinc oxide, chelate ^{**})	50 mg	333%
Selenium (from selenium dioxide)	100 mcg	143%
Copper (from copper gluconate, chelate ^{**})	2 mg	100%
Manganese (from carbonate, chelate ^{**})	10 mg	500%
Chromium (from chromium chloride)	100 mcg	83%
Potassium (from potassium chloride)	99 mg	3%
Betaine HCl	100 mg	*
Glutamic Acid HCl	100 mg	*

* Daily Value not established.

** Amino acid chelate.

Other Ingredients: Calcium stearate (vegetable source), cellulose, glycerin, magnesium stearate (vegetable source), silica, stearic acid (vegetable source).

KEEP OUT OF REACH OF CHILDREN.

687K

