

DIETARY SUPPLEMENT

Suggested Usage: 1 capsule 2-3 times per day preferably with meals, or as directed by a health professional. Keep out of reach of children.

Scientific research shows that St. John's Wort may lighten mood and support a positive emotional balance.* Remember that a sensible program of diet and exercise can enhance the benefits of this standardized herbal product.

St. John's Wort Extract (*Hypericum perforatum*) is standardized to contain 0.3% hypericin.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Warning: For occasional use only. May cause drowsiness. Do not drive or engage in activities requiring alertness. Do not take with other sedative medication or alcohol. Do not exceed recommended dose except on the advice of a health professional. Do not take if pregnant or while nursing except on the advice of a health professional. Medication may cause increased photosensitivity, avoid prolonged exposure to sunlight.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS,
1111-80th St. SW, Ste.100
Everett WA, USA 98203



Recyclable container.

**natural
Factors**

St. John's Wort Extract

With Hypericin

300 mg
90 CAPSULES



Purity & Potency
Guaranteed

MOOD SUPPORT*

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

St. John's Wort (<i>Hypericum perforatum</i>), powdered extract (aerial)	300 mg**
Hypericin (0.3%)	900 mcg**

** Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), rice powder, magnesium stearate (vegetable grade), silica.

Contains no artificial preservatives, color or sweetener; no dairy, soy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness store in a cool, dry place.



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