

Potencies verified by GNC procedure #5015. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
Made in the USA

ACTUAL SIZE

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Dr. Frank J. Costa, M.D., an internationally acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly

featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

"Packed with biotin and silica, Ultra NourishHair supports the hair matrix from the inside out."

ULTRA NOURISHHAIR™

Men's Ultra NourishHair is for men who want to support their hair from the inside out. It was formulated to provide a rich balance of nutrients.

- Combines 2000 mcg of biotin with silica. Biotin supports the matrix of healthy hair and normal cell growth.*
- Features a natural amino acid complex with hydrolyzed gelatin, a natural source of collagen. Amino acids are the building blocks of protein needed for the growth and repair of tissue.*
- Includes a proprietary herbal blend that supplies many beneficial herbs such as horsetail.
- Provides antioxidants that help protect against damaging free radicals which can promote the cell-aging process.*

To ensure a more complete nutritional program, be sure to include one of GNC's premium Mega Men® multivitamin formulas to your daily nutrition regimen.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEN'S

GNC

ULTRA NOURISHHAIR™

Dietary Supplement

Premium formula to support healthy hair from within

- Features 2000 mcg of biotin
- Natural amino acid complex
- Proprietary herbal blend

120 CAPLETS

CODE 247721

B.JG

DIRECTIONS: As a dietary supplement, take two caplets daily.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin A (100% as beta-Carotene)	1000 IU	20%
Vitamin C (as Ascorbic Acid)	30 mg	50%
Vitamin E (as Mixed Tocopherols)	10 IU	33%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacin & Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin	2000 mcg	667%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Iodine (as Kelp)	50 mcg	33%
Magnesium (as Magnesium Gluconate)	15 mg	4%
Zinc (as Zinc Gluconate)	15 mg	100%
Copper (as Copper Gluconate)	1 mg	50%
Silica (as Silicon Dioxide)	2 mg	*
Boron (as Boron Gluconate)	1 mg	*
L-Cysteine	100 mg	*
Choline (as Choline Bitartrate)	250 mcg	*
Inositol	50 mcg	*
Hydrolyzed Gelatin	25 mg	*
Natural Amino Complex (Lactalbumin)	50 mg	*
Cayenne Pepper (Capsicum frutescens)	10 mg	*
Proprietary Herbal Blend	20 mg	*
Juniper Berries Powder (<i>Juniperus communis</i>), Uva Ursi Powder (<i>Arctostaphylos uva ursi</i>), Watermelon Seed Powder (<i>Citrullus vulgaris</i>), Cubeb Fruit Powder (<i>Piper cubeba</i>), Goldenrod Herb Powder (<i>Solidago virgaurea</i>), Horsetail Herb Powder (<i>Equisetum arvense</i>), Buchu Leaves Powder (<i>Barosma crenulata</i>), Corn Silk Powder (<i>Zea mays</i>), Cranberry Bark Powder (<i>Vaccinium macrocarpon</i>), Shave Grass Powder (<i>Equisetum arvense</i>)		

*Daily Value not established.

OTHER INGREDIENTS: Cellulose, Dicalcium Phosphate, Titanium Dioxide (Natural Mineral Whitener), Food Glaze, Vegetable Acetoglycerides.

CONTAINS: MILK.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.