

Other ingredients: Cellulose, vegetable stearate, medium chain triglycerides, vegetable glycerin, SeaGel® carrageenan (from red seaweed extract), silica, beeswax, vegetable starch and water.

This product contains fish oil (from anchovies and sardines).

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road • Pittsburgh, PA 15205 USA

www.douglaslabs.com

1.800.245.4440

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, sugar, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults 1 pack daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

This product contains BONISTEIN™. 

BONISTEIN™-Max contains a patent-pending blend of ingredients.

BONISTEIN™ is a trademark of DSM Nutritional Products.

SeaGel® is a registered trademark of FMC BioPolymer. Patent Pending.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

† Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†† Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Formula #65384

Senior Women's Pack

A Dietary Supplement



30 Packs

Supplement Facts

Serving Size 1 Pack (7 Tablets / 2 Soft Capsules per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (33% as Vitamin A Palmitate [2,500 IU/ 67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††.....	7,500 IU 150%	Proprietary Organic Fruit and Vegetable Blend	350 mg *
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex).....	750 mg 1,250%	Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant).	
Vitamin D-3.....	1,700 IU 425%	L-Cysteine/N-Acetyl L-Cysteine.....	75 mg *
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols).....	200 IU 667%	Glutamic Acid (from 88 mg Glutamic Acid HCl).....	70 mg *
Vitamin K-1 (phytonadione).....	100 mcg 125%	Betaine (from 75 mg Betaine HCl).....	57 mg *
Thiamine.....	50 mg 3,333%	Inositol.....	50 mg *
Riboflavin.....	25 mg 1,471%	Rose Hips.....	50 mg *
Niacin/Niacinamide.....	95 mg 475%	Lemon Bioflavonoids.....	50 mg *
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex).....	50 mg 2,500%	Garlic (bulb, Pure-Gar®, odorless).....	50 mg *
Folate (as L-methylfolate, Metafolin®).....	400 mcg 100%	Cauliflower (entire plant).....	50 mg *
Vitamin B-12.....	125 mcg 2,083%	Spirulina.....	50 mg *
(as methylcobalamin).....	150 mcg 50%	Chlorella (broken cell wall).....	50 mg *
Biotin.....	250 mcg 2,500%	Green Papaya Extract (fruit).....	50 mg *
Pantothenic Acid (as d-Calcium Pantothenate).....	250 mcg 2,500%	Blackberry (fruit).....	40 mg *
Calcium (as Calcium Citrate/Gluconate/Carbonate/ Lactate/Ascorbate and Microcrystalline Hydroxyapatite).....	1,000 mg 100%	Apricot powder (fruit).....	35 mg *
Iodine (from Kelp).....	100 mcg 67%	Celery powder (leaf).....	35 mg *
Magnesium (as Magnesium Aspartate/ Chelate/Ascorbate Complex).....	625 mg 156%	Black radish powder (root).....	35 mg *
Zinc (as Zinc Amino Acid Chelate).....	12.5 mg 83%	Choline (from 75 mg Choline Citrate/Bitartrate).....	30 mg *
Selenium (as Selenium Krebs†/Kelp complex).....	100 mcg 143%	L-Lysine (from 36 mg L-Lysine HCl).....	29 mg *
Copper (as Copper Amino Acid Chelate).....	1 mg 50%	Green Tea Extract (leaf).....	25 mg *
Manganese (as Manganese Aspartate Complex).....	5 mg 250%	Apple Pectin (fruit).....	25 mg *
Chromium (Organically bound with GTF activity—low allergenicity).....	100 mcg 83%	PABA (para-aminobenzoic acid).....	25 mg *
Molybdenum (as Molybdenum Krebs†).....	50 mcg 67%	Bromelain (2,000 GDU/g).....	25 mg *
Potassium (as Potassium Aspartate Complex).....	50 mg 1%	Red Wine Proanthocyanidins/Pine Bark Extract.....	25 mg *
Ultra-Pure Fish Oil Concentrate.....	1,460 mg *	Hesperidin.....	17.5 mg *
Providing:		Rutin.....	12.5 mg *
EPA (Eicosapentaenoic acid).....	535 mg *	L-Methionine.....	6 mg *
DHA (Docosahexaenoic acid).....	260 mg *	Boron (as Boron Aspartate/Citrate complex).....	3.8 mg *
Total Omega-3 fatty Acids.....	1,000 mg *	Trace Elements (from Sea Vegetation).....	approx. 50 mcg *
Genistein (from BONISTEIN™).....	30 mg *	Vanadium (as Vanadium Krebs†).....	25 mcg *
Lutein (natural).....	3 mg *		
Lycopene (natural).....	3 mg *		
Zeaxanthin.....	0.5 mg *		

*Daily Value not established.