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Goldenseal (*Hydrastis canadensis*) root has an extensive history of use by Native American healers. Goldenseal contains the alkaloids hydrastine, berberine, canadine and berberastine. This extract is standardized to contain 10% alkaloids (5% hydrastine).

Suggested Usage: As a dietary supplement, adults take 1 capsule 1 to 2 times daily between meals, or as advised by your healthcare professional. If digestive irritation occurs, take with meals.

Stop use and consult your health care professional if allergic reactions occur. **Warning:** Not for use during pregnancy; there is a possibility of abortion. Do not use over one gram per day internally; it can cause central nervous system depression. Do not use for more than one week at a time.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #77338



Goldenseal Max-V

Standardized Herbal Extract Supplement
10% alkaloids (5% hydrastine)



60 Vegetarian Capsules

Supplement Facts

Serving Size 1 vegetarian capsule
Servings Per Container 60

Amount Per Serving	%DV
Goldenseal Herbal Extract..... 125 mg (rhizome and root) (<i>Hydrastis canadensis</i>) Standardized to provide 12.5 mg of alkaloids (6.25 mg hydrastine)	*
Goldenseal (rhizome and root).... 100 mg (non-standardized)	*

*Daily Value not established.

Other ingredients: Cellulose, silica and vegetable stearate.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
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