

**Warning: PHENYLKETONURICS: CONTAINS PHENYLALANINE.**

Do not use if you have phenylketonuria (PKU). If you are pregnant, nursing, or taking any prescription medications or have Parkinson's disease consult with a physician before using this product. Use of phenylalanine should be limited to less than 2 grams per day.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If you have an allergy to shellfish, (including crab and shrimp) you should not use this product.

Manufactured in the USA by:

**Douglas Laboratories**  
600 Boyce Road • Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sugar, starch, artificial coloring, flavoring, or preservatives.

**Suggested Usage:** As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN

For oral administration only. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #65339



# Joint Health Pack

A Dietary Supplement



30 Packs

## Supplement Facts

Serving Size 1 Pack (5 tablets / 3 capsules per pack) • Servings Per Container 30

| Amount Per Serving                                      | %DV    | Amount Per Serving                                      | %DV        |
|---|--------|---|------------|
| Vitamin A (25% as Vitamin A Palmitate/..... 20,000 IU   | 400%   | Glucosamine Sulfate (from Crab and Shrimp).....         | 1,500 mg * |
| 75% [15,000 IU] as Beta-Carotene)                       |        | Methylsulfonylmethane (MSM®).....                       | 750 mg *   |
| Vitamin C (Ascorbic Acid).....                          | 1,916% | Citrus Bioflavonoid Complex .....                       | 100 mg *   |
| Vitamin D-3 .....                                       | 13%    | Trace Elements (from Sea Vegetation) .....              | 100 mg *   |
| Vitamin E (as Vitamin E Succinate) .....                | 667%   | PABA (para-Aminobenzoic Acid) .....                     | 50 mg *    |
| Thiamine (as Thiamine HCl).....                         | 3,333% | Hyaluronic Acid (non-animal source) .....               | 30 mg *    |
| Riboflavin .....  | 1,471% | Proanthocyanidins (red wine) .....                      | 30 mg *    |
| Niacin/Niacinamide .....                                | 600%   | Bromelain .....   | 30 mg *    |
| Vitamin B-6 (as Pyridoxine HCl/ .....                   | 1,250% | Inositol .....  | 25 mg *    |
| Pyridoxal-5-Phosphate Complex)                          |        | Vanadium (from Vanadium Krebs†) .....                   | 25 mcg *   |
| Folic Acid.....   | 200%   | Choline (from Choline Citrate/Bitartrate) .....         | 20 mg *    |
| Vitamin B-12 (on Ion Exchange Resin) .....              | 1,667% | Boron (from Boron Aspartate/Citrate Complex) .....      | 1 mg *     |
| Biotin .....  | 100%   | Proprietary Blend .....                                 | 500 mg *   |
| Pantothenic Acid (as d-Calcium Pantothenate).....       | 1,500% | Chondroitin Sulfate, L-Aspartic Acid, Trypsin,          |            |
| Calcium .....   | 30%    | Chymotrypsin, Capsicum (fruit), German Chamomile        |            |
| (from Calcium Citrate/Ascorbate Complex)                |        | (flower), Betaine HCl, Microcrystalline Hydroxyapatite  |            |
| Iron (as Ferronyl®) .....                               | 8%     | (from Veal Bone), Mucopolysaccharides, Rutin N.F.,      |            |
| Magnesium .....   | 75%    | Pancreatin 4X (providing Protease, Amylase and Lipase), |            |
| (from Magnesium Aspartate/Ascorbate Complex)            |        | DL-Phenylalanine, N-Acetyl-L-Cysteine/L-Cysteine HCl,   |            |
| Zinc (from Zinc Aspartate Complex) .....                | 133%   | L-Methionine, Proanthocyanidins (Red Wine Grapes),      |            |
| Selenium .....  | 286%   | Bromelain (min. of 2000 m.c.u.) and Glutamic Acid HCl   |            |
| (Organic Selenium from Krebs† Cycle and Kelp)           |        |   |            |
| Copper (from Copper Amino Acid Chelate) .....           | 100%   |   |            |
| Manganese (from Manganese Aspartate Complex) .....      | 750%   |   |            |
| Chromium .....  | 167%   |   |            |
| (Organically bound with GTF activity—low allergenicity) |        |   |            |
| Molybdenum (from Molybdenum Krebs†).....                | 67%    |   |            |
| Potassium (from Potassium Aspartate Complex).....       | 2%     |   |            |

\*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule) sodium hyaluronate, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.