

For professional use only. Not for sale.

SMALLER SIZE
EASIER to SWALLOW*

PETITES

Don't recommend just any calcium
Recommend Citracal®
Calcium Citrate with Vitamin D



Also supports breast health with more[‡] vitamin D*



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NEW FINDING:

>50% of women taking calcium may not effectively absorb it because they don't take it with a meal.¹

ONLY[†] CITRACAL® contains calcium citrate for absorption with or without food.^{2*}



Unsurpassed absorption with or without food^{2*}



May be more appropriate for patients on acid-reducing medications like PPIs



May not cause kidney stones³

[†]Among leading calcium brands.

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To order more samples, visit www.citracal.com/productrequest.

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May not cause kidney stones³

[‡] Compared to CITRACAL® Regular.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References: 1. Data on file. Survey of 1500 women. November 2007. Bayer HealthCare LLC. 2. Sakhaee K, Bhuket T, Adams-Huet B, Sudhaker Rao D. Meta-analysis of calcium bioavailability: a comparison of calcium citrate with calcium carbonate. *Am J Ther.* 1999;6:313-321. 3. Reid IR, Mason B, Home A, et al. Randomized controlled trial of calcium in healthy older women. *Am J Med.* 2006;119:777-785.



The Friend of NOF seal is a trademark of The National Osteoporosis Foundation.

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Pull out and down to open

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Recommended daily dose meets ACOG and NOF guidelines for calcium intake for women aged 50+

American College of OB/GYN (ACOG) guidelines recommend 1000 to 1500mg/day of calcium with 400 to 800 IU vitamin D for enhanced absorption, for women aged 50+.

The National Osteoporosis Foundation (NOF) guidelines recommend 1200mg/day of calcium for men and women, with 800 to 1000 IU vitamin D3 for adults aged 50+.

Calcium Supplement

50 Pouches
2 coated tablets each

Also supports breast health with more[‡] vitamin D*



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Directions: Adults: Take 1 to 2 tablets two times daily or as recommended by your physician, pharmacist or health professional. For breast health support, take two tablets twice daily.

Supplement Facts

Serving Size: 2 tablets

	Amount Per Serving	% Daily Value
Vitamin D	500 IU	125%
Calcium (elemental)	400 mg	40%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Croscarmellose Sodium, Polyvinyl Alcohol-Part Hydrolyzed, Titanium Dioxide (color), Magnesium Silicate, Magnesium Stearate, Vitamin D3 (Cholecalciferol).

If pregnant or breast-feeding, ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

Do not use if pouch is torn or open.



Bayer HealthCare

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For customer service, call 1-866-511-9328 (Mon-Fri 9AM to 5PM EST).