



Skin Support Pack

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 Pack (5 Capsules / 3 Capliques™** / 2 Tablets / 1 Softgel per pack) • Servings Per Container 30

Amount Per Serving	%DV†
Calories	4.5
Calories from Fat	4.5
Total Fat	0.5 g
Saturated Fat	0.04 g
Polyunsaturated Fat	0.4 g
Monounsaturated Fat	0.06 g

Vitamin A (33% as Vitamin A Palmitate [1,238 IU/ 67% [2,512 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††	3,750 IU	75%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex)	1,150 mg	1,917%
Vitamin D-3	100 IU	25%
Vitamin E (natural, as d-alpha tocopheryl)	500 IU	1,667%
with mixed tocopherols providing a minimum of:		
Gamma-tocopherol	280 mg	*
Beta and Delta-tocopherols	40 mg	*
Thiamine	25 mg	1,667%
Riboflavin	13 mg	765%
Niacin/Niacinamide	48 mg	240%
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex)	25 mg	1,250%
Folic Acid	200 mcg	50%
Vitamin B-12 (as cyanocobalamin/ methylcobalamin complex)	63 mcg	1,050%
Biotin	75 mcg	25%
Pantothenic Acid (as d-Calcium Pantothenate)	125 mg	1,250%
Calcium (as Calcium Citrate/Ascorbate Complex)	125 mg	13%
Iodine (from Kelp)	50 mcg	33%
Magnesium (as Magnesium Aspartate/ Ascorbate Complex)	125 mg	31%
Zinc (as Zinc Amino Acid Chelate)	6 mg	40%
Selenium (as Selenium Krebs††/Kelp complex)	50 mcg	71%
Copper (as Copper Amino Acid Chelate)	0.5 mg	25%
Manganese (as Manganese Aspartate Complex)	3 mg	150%
Chromium (Organically bound with GTF activity—low allergenicity)	50 mcg	42%
Molybdenum (as Molybdenum Krebs††)	25 mcg	33%
Potassium (as Potassium Aspartate Complex)	25 mg	<1%

L. Acidophilus (DDS-1™)	1,150 Billion CFU	*
L. Rhamnosus	1,150 Billion CFU	*
L. Rhamnosus (Type B, Bifidus)	775 Million CFU	*
S. Lactis	275 Million CFU	*
Bifidobacterium Longum	275 Million CFU	*
B. Bifidum	275 Million CFU	*
S. Thermophilus	150 Million CFU	*
Ultra-Pure Fish Oil Concentrate providing:		
Total Omega-3 Fatty Acids	800 mg	*
EPA (Eicosapentaenoic acid)	433 mg	*
DHA (Docosahexaenoic acid)	233 mg	*

Amount Per Serving	%DV
Organic Cold-Pressed Oil of Evening Primrose	500 mg *
Supplying the Essential Fatty Acids	
Linoleic Acid	350 mg *
Gamma Linolenic Acid	40 mg *
L-Lysine	400 mg *
Proprietary Blend.....	390 mg *

Hesperidin	9 mg	*
Lutein (natural)	7.5 mg	*
Rutin	6 mg	*
Glutamic Acid (from 6 mg Glutamic Acid HCl)	5 mg	*
L-Methionine	3 mg	*
Zeaxanthin	1.6 mg	*
Lycopene (natural)	1.5 mg	*
Boron (as Boron Aspartate/Citrate complex)	0.4 mg	*
Trace Elements (from Sea Vegetation) approx.	25 mcg	*
Vanadium (as Vanadium Krebs††)	13 mcg	*

†Percent Daily Values based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin (capsule, from fish and bovine), cellulose, vegetable stearate, L-threonine, silica, glycerin, water, rosemary extract, mixed tocopherols, ascorbyl palmitate, citric acid and safflower oil

This product contains NO yeast, soy protein, milk/dairy, sodium, starch, artificial coloring, preservatives or flavoring.

Manufactured in the USA by: **Douglas Laboratories**
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††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.



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Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patent, #5,720,956 / #6,372,266 and other international patents.

Each Pack Contains:

Two oval shaped, coated, olive green Ultra Preventive® X tablets with dark specks
Two natural gelatin Collagen Forte capsules containing off-white powder
Two Red/ Orange banded Ocu-Omega™ Capliques™**
One yellow, oval Prim Royal Caplique™**
One yellow, oblong Tri-En-All 400 softgel capsule
One natural gelatin Lipoic Acid capsule containing off-white to yellow powder
One natural gelatin Multi-Probiotic capsule containing off-white powder
One natural gelatin Pycnogenol® Capsule

**A Caplique™ is a liquid-filled, two piece capsule sealed with a band.

Suggested Usage:

As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional. This product is best taken with meals.

DDS-1™ is a trademark of Nebraska Cultures, Inc. by the proprietary processes developed and researched by Dr. Khem Shahani of the University of Nebraska.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Formula #64033



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