



Skin Support Pack

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 Pack (4 softgels / 4 capsules / 2 tablets per pack) • Servings Per Container 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories	14	L-Lysine	400 mg *
Calories from Fat	14	Proprietary Blend.....	390 mg *
Total Fat	<1%	Kale (leaf), Spinach (leaf), Carrot (root), Radish (root),	
Saturated Fat	<1%	Celery (leaf and stalk), Apricot (fruit), Blackberry (fruit),	
Polysaturated Fat	0.04 g	Cranberry (fruit), FOS (fructooligosaccharides), Grape (fruit),	
Monounsaturated Fat	0.06 g	Pineapple (fruit) and Ulmus Fulva (inner bark),	
Vitamin A (33% as Vitamin A Palmitate [1,238 IU]/		Alpha-Lipoic Acid	100 mg *
67% [2,512 IU] as Natural Beta-Carotene) from		L-Proline	80 mg *
D, Salina with full spectrum carotenoids††	3,750 IU	L-Cysteine/N-Acetyl L-Cysteine	38 mg *
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/		Betaine (from 38 mg Betaine HCl).....	29 mg *
Calcium and Magnesium Ascorbate complex) ...	1,150 mg	Mixed Tocotrienols (from palm)	25 mg *
Vitamin D-3	100 IU	Blueberry (fruit)	25 mg *
Vitamin E (natural, as d-alpha tocopheryl)	503 IU	Garlic (bulb, Pure-Gar®, odorless).....	25 mg *
with mixed tocopherols		Broccoli (entire plant).....	25 mg *
providing a minimum of:		Cauliflower (entire plant).....	25 mg *
Gamma-tocopherol	280 mg *	Spirulina.....	25 mg *
Beta and Delta-tocopherols	40 mg *	Chlorella (broken cell wall).....	25 mg *
Thiamine.....	25 mg	Green Papaya Extract (fruit).....	25 mg *
Riboflavin.....	13 mg	Rose Hips	25 mg *
Niacin/Niacinamide.....	48 mg	Lemon Bioflavonoids	25 mg *
Vitamin B-6 (as Pyridoxine HCl/		Inositol	25 mg *
Pyridoxal-5-Phosphate Complex)	25 mg	Choline (from 38 mg Choline Citrate/Bitartrate)	15 mg *
Folic Acid	200 mcg	Green Tea Extract (leaf)	13 mg *
Vitamin B-12 (as cyanocobalamin/		Sprouted Barley Juice (entire plant).....	13 mg *
methylcobalamin complex)	63 mcg	Wheat Grass Juice (gluten free, entire plant).....	13 mg *
Biotin	75 mcg	Beet Extract (root)	13 mg *
Pantothenic Acid (as d-Calcium Pantothenate).....	125 mg	Apple Pectin (fruit)	13 mg *
Calcium (as Calcium Citrate/Ascorbate Complex)	125 mg	PABA (para-aminobenzoic acid).....	13 mg *
Iodine (from Kelp).....	50 mcg	Bromelain (2,000 GDU/g)	13 mg *
Magnesium (as Magnesium Aspartate/		Red Wine Proanthocyanidins/Pine Bark Extract	13 mg *
Ascorbate Complex)	125 mg	(OPC 85) (L-Mesquiter U.S.	
Zinc (as Zinc Amino Acid Chelate)	6 mg	Patent No. 4,698,360)	9 mg *
Selenium (as Selenium Krebs††/Kelp complex)	50 mcg	Hesperidin	9 mg *
Copper (as Copper Amino Acid Chelate)	0.5 mg	Rutin	5 mg *
Manganese (as Manganese Aspartate Complex)	3 mg	Glutamic Acid (from 6 mg Glutamic Acid HCl)	5 mg *
Chromium (Organically bound, with GTF		L-Methionine.....	3 mg *
activity-low allergenicity)	50 mcg	Lutein (natural)	1.5 mg *
Molybdenum (as Molybdenum Krebs††).....	25 mcg	Lycopene (natural).....	1.5 mg *
Potassium (as Potassium Aspartate Complex)	25 mg	Boron (as Boron Aspartate/Citrate complex).....	0.4 mg *
L. Acidophilus (DDS-™)	1,150 Billion CFU	Zeaxanthin	0.3 mg *
L. Rhamnosus	1,150 Billion CFU	Trace Elements (from Sea Vegetation) approx.	25 mg *
L. Rhamnosus (Type B, Bilidus)	275 Million CFU	Vanadium (as Vanadium Krebs††).....	13 mcg *
S. Lactis	275 Million CFU		
Bifidobacterium Longum	275 Million CFU		
B. Bilidum	275 Million CFU		
S. Thermophilus	150 Million CFU		
Marine Lipid Triglycerides yielding:.....	1,000 mg		
DHA (Docosahexaenoic acid).....	450 mg		
EPA (Eicosapentaenoic acid).....	150 mg		
Organic Cold-Pressed Oil.....	500 mg		
of Evening Primrose Supplying the Essential Fatty Acids			
Linoleic Acid.....	350 mg		
Gamma Linolenic Acid	40 mg		

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate, glycerin, water, silica, L-threonine, hydroxypropyl methylcellulose and glycerin triacetate.

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Each Pack Contains:

- Two oval shaped, coated, olive green Ultra Preventive® X tablets with dark specks
- Two oval, cloudy yellow Opti-DHA™ softgel capsules
- Two natural gelatin Collagen Forte capsules containing off-white powder
- One yellow, oval Prime Royal softgel capsule
- One yellow, oblong Tri-En-All 400 softgel capsule
- One natural gelatin Lipoic Acid capsule containing off-white to yellow powder
- One natural gelatin Multi-Probiotic capsule containing off-white powder

Suggested Usage:

As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional. This product is best taken with meals.

DDS-™ is a trademark of Nebraska Cultures, Inc. by the proprietary processes developed and researched by Dr. Khem Shahani of the University of Nebraska.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Healthcare Professionals worldwide
recommend Douglas Laboratories;
learn why at www.whydouglass.com

Formula #63957

