



# Dry Eye Support Pack

## (+ multivitamin)

A Dietary Supplement



**Douglas Laboratories®**

**30 Packs**

### Supplement Facts

Serving Size 1 Pack (3 Softgels / 1 Tablet per pack) • Servings Per Container 30

Amount Per Serving	%DV†
Calories .....	20
Calories from Fat .....	19
Total Fat .....	2 g 2%
Saturated Fat .....	0 g 0%
Polyunsaturated Fat .....	1 g *
Vitamin A (as natural beta-carotene) .....	2,430 IU 49%
Vitamin C (ascorbic acid) .....	150 mg 250%
Vitamin D-3 (cholecalciferol) .....	800 IU 200%
Vitamin E (as d-alpha tocopheryl succinate) .....	401 IU 1,337%
Thiamine (Vitamin B1 as HCl) .....	1.5 mg 100%
Riboflavin (Vitamin B2) .....	2 mg 118%
Niacinamide (Niacinamide/Vitamin B3) .....	20 mg 100%
Vitamin B-6 (pyridoxine hydrochloride) .....	10 mg 500%
Folic Acid (Folate/Vitamin B9) .....	400 mcg 100%
Vitamin B-12 (Cyanocobalamin) .....	400 mcg 6,667%
Pantothenic Acid (as calcium pantothenate) .....	10 mg 100%
Calcium (as calcium carbonate) .....	100 mg 10%
Magnesium (as magnesium oxide) .....	100 mg 25%
Zinc (as zinc chelate) .....	15 mg 100%
Selenium (as selenium chelate) .....	100 mcg 143%
Chromium (as chromium amino acid chelate) .....	100 mcg 83%
Total Omega-3 Fatty Acids .....	1,060 mg *
Comprised of:	
Alpha-linolenic acid .....	560 mg *
EPA (Eicosapentaenoic Acid) .....	300 mg *
DHA (Docosahexaenoic Acid) .....	200 mg *
Omega-6 fatty acids (as linoleic acid) .....	170 mg *
Omega-9 fatty acids (as oleic acid) .....	172 mg *
Lutein .....	3 mg *

†Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

Other ingredients: Gelatin (capsule), marine lipid concentrate (fish oil), flax seed oil, cellulose, glycerin, water, croscarmellose sodium, silica, vegetable stearate, silica, carob powder and pharmaceutical glaze.

#### Each Pack Contains:

One dark brown, large, oblong, Flax Seed Oil softgel capsule.  
One yellow, oblong, marine lipid concentrate softgel capsule.  
One pale yellow, oval, Vitamin E softgel capsule.  
One gold, coated, oblong multivitamin + lutein tablet with specks.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, starch, artificial coloring, preservatives or flavoring.

#### Suggested Usage:

As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.  
(59°-77°F/15°-25°C) (35-65% relative humidity)  
Tamper resistant package, do not use if outer seal is missing.

Manufactured in the USA by:  
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