



Metabolic Management Pack

Nutritional Support for Healthy Weight Management*
A Dietary Supplement



Douglas Laboratories®

30 Packs

Supplement Facts

Serving Size 1 pack (5 capsules and 3 softgels per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	19	Relora® (a proprietary blend of patent-pending plant extracts from <i>Magnolia officinalis</i> [bark] and <i>Phellodendron amurense</i> [bark])	500 mg *
Calories from Fat	19	Omega-3 fatty acids (as alpha-linolenic acid)	560 mg *
Total Fat	2 g 3%†	Proprietary Herbal Blend	400 mg *
Saturated Fat	0 g 0%†	Guarana (Seed), Kola Nut (Roasted Seed), Eleutherococcus Senticosus (root), Wood Betony (Entire Plant), Beet Powder (Root), Cayenne (Fruit), American Centaury (Entire Plant), Gotu Kola (Entire Plant), Ho Shou Wu (Entire Plant), Green Tea Extract (leaf).	
Polyunsaturated Fat	1 g *	Omega-6 fatty acids (as linoleic acid)	170 mg *
Vitamin A (100% as beta-carotene)	430 IU 9%	Omega-9 fatty acids (as oleic acid)	172 mg *
Thiamine	10 mg 667%	PhosphatidylSERINE	100 mg *
Riboflavin	10 mg 588%	Phosphatidylcholine	20 mg *
Niacinamide	10 mg 50%	Phosphatidyl-ethanolamine	20 mg *
Vitamin B-6	10 mg 500%	Phosphatidylinositol	10 mg *
Folic Acid	200 mcg 50%	Polyphenon 60™ (min. 60% Green Tea Catechins)	0.5 mg *
Vitamin B-12	100 mcg 1,667%		
Chromium (<i>CHROMEMATE</i> ®) (from Chromium Polynicotinate)	200 mcg 167%		
Conjulite™ (Supplying 680 mg Conjugated Linoleic Acid from Safflower Oil)	1,000 mg *		
Garcinia Cambogia (fruit)	1,000 mg *		
(<i>CITRIMAX</i>) supplying:			
(-) hydroxycitric acid (HCA)	500 mg *		

Other ingredients: Flax seed oil, gelatin (capsule), cellulose, vegetable stearate, glycerin, silica, water, carob powder, carob extract and titanium dioxide.

Manufactured by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205 • www.douglaslabs.com

Each Pack Contains:

- 1 Large, dark brown Flax Seed Oil softgel
- 1 White speckled Fatty Acid capsule
- 2 Light tan Herbal Blend capsules
- 2 Dark brown Conjugated Linoleic Acid softgels
- 2 Brown Relora / B Complex capsules

Suggested Usage: As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional. This product is best taken with meals.

RELORA® is a trademark of Next Pharmaceuticals, Inc.

CitriMax and ChromeMate are trademarks of InterHealth Company.

This product contains NO yeast, wheat gluten, milk/dairy, sodium, sugar, artificial coloring, preservatives or flavoring.

The flax seed oil softgels in this pack contain 100% pure, unrefined, organically grown flax seed oil that has been mechanically expeller pressed under 96°F.

Warning: If you are pregnant, breastfeeding, taking any prescription medication, have diabetes or any other medical condition for which you are under the care of your healthcare professional, consult your doctor prior to use. Excessive consumption may impair ability to drive or operate heavy machinery. Not recommended for consumption with alcoholic beverages.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Formula #63157



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