



Skin Support Pack

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 Pack (4 softgels / 4 capsules / 2 tablets per pack) • Servings Per Container 30

Amount Per Serving	%DV†
Calories	14
Calories from Fat	14
Total Fat	1.5 g <1%
Saturated Fat	0.04 g <1%
Polyunsaturated Fat	0.4 g
Monounsaturated Fat	0.06 g
Vitamin A (33% as Vitamin A Palmitate [1,238 IU]/67% [2,512 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††	3,750 IU 75%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex)	1,150 mg 1,917%
Vitamin D-3	100 IU 25%
Vitamin E (natural, as d-alpha tocopheryl) with mixed tocopherols providing a minimum of:	503 IU 1,667%
Gamma-tocopherol	280 mg *
Beta and Delta-tocopherols	40 mg *
Thiamine	25 mg 1,667%
Riboflavin	13 mg 765%
Niacin/Nicotinamide	48 mg 240%
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	25 mg 1,250%
Folic Acid	200 mcg 50%
Vitamin B-12 (as cyanocobalamin/methylcobalamin complex)	63 mcg 1,050%
Biotin	75 mcg 25%
Pantothenic Acid (as d-Calcium Pantothenate)	125 mg 1,250%
Calcium (as Calcium Citrate/Ascorbate Complex)	125 mg 13%
Iodine (from Kelp)	50 mcg 33%
Magnesium (as Magnesium Aspartate/Ascorbate Complex)	125 mg 31%
Zinc (as Zinc Amino Acid Chelate)	6 mg 40%
Selenium (as Selenium Krebs††/Kelp complex)	50 mcg 71%
Copper (as Copper Amino Acid Chelate)	0.5 mg 25%
Manganese (as Manganese Aspartate Complex)	3 mg 150%
Chromium (Organically bound with GTF activity—low allergenicity)	50 mcg 42%
Molybdenum (as Molybdenum Krebs††)	25 mcg 33%
Potassium (as Potassium Aspartate Complex)	25 mg <1%

L. Acidophilus (DDS-1™)	1.150 Billion CFU	*
L. Rhamnosus	1.150 Billion CFU	*
L. Rhamnosus (Type B, Bifidus)	775 Million CFU	*
S. Lactis	275 Million CFU	*
Bifidobacterium Longum	275 Million CFU	*
B. Bifidum	275 Million CFU	*
S. Thermophilus	150 Million CFU	*
Marine Lipid Triglycerides yielding:	1,000 mg	*
DHA (Docosahexaenoic acid)	450 mg	*
EPA (Eicosapentaenoic acid)	150 mg	*
Oil of Evening Primrose	500 mg	*
Supplying the Essential Fatty Acids		
Linoleic Acid	350 mg	*
Gamma Linolenic Acid	40 mg	*

Amount Per Serving	%DV†
L-Lysine	400 mg *
Proprietary Blend	390 mg *
Kale (leaf), Spinach (leaf), Carrot (root), Radish (root), Celery (leaf and stalk), Apricot (fruit), Blackberry (fruit), Cranberry (fruit), FOS (fructooligosaccharides), Grape (fruit), Pineapple (fruit) and Ulmus Fulva (inner bark)	
Alpha-Lipoic Acid	100 mg *
L-Proline	80 mg *
L-Cysteine/N-Acetyl L-Cysteine	38 mg *
Betaine (from 38 mg Betaine HCl)	29 mg *
Mixed Tocotrienols (from palm)	25 mg *
Blueberry (fruit)	25 mg *
Garlic (bulb, Pure-Gar®, odorless)	25 mg *
Broccoli (entire plant)	25 mg *
Cauliflower (entire plant)	25 mg *
Spirulina	25 mg *
Chlorella (broken cell wall)	25 mg *
Green Papaya Extract (fruit)	25 mg *
Rose Hips	25 mg *
Lemon Bioflavonoids	25 mg *
Inositol	25 mg *
Choline (from 38 mg Choline Citrate/Bitartrate)	15 mg *
Green Tea Extract (leaf)	13 mg *
Sprouted Barley Juice (entire plant)	13 mg *
Wheat Grass Juice (gluten free, entire plant)	13 mg *
Beet Extract (root)	13 mg *
Apple Pectin (fruit)	13 mg *
PABA (para-aminobenzoic acid)	13 mg *
Bromelain (2,000 GDU/g)	13 mg *
Red Wine Proanthocyanidins/Pine Bark Extract (OPC 85) (J.Mesquellier U.S. Patent No. 4,698,360)	13 mg *
Hesperidin	9 mg *
Rutin	6 mg *
Glutamic Acid (from 6 mg Glutamic Acid HCl)	5 mg *
L-Methionine	3 mg *
Lutein (natural)	1.5 mg *
Lycopene (natural)	1.5 mg *
Boron (as Boron Aspartate/Citrate complex)	0.4 mg *
Zeaxanthin	0.3 mg *
Trace Elements (from Sea Vegetation) approx.	25 mcg *
Vanadium (as Vanadium Krebs††)	13 mcg *

†Percent Daily Values based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate, glycerin, water, silica, L-threonine, hydroxypropyl methylcellulose and glycerin triacetate.

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Each Pack Contains:

Two oval shaped, coated, olive green Ultra Preventive® X tablets with dark specks
Two oval, cloudy yellow Opti-DHA™ softgel capsules
Two natural gelatin Collagen Forte capsules containing off-white powder
One yellow, oval Prime Royal softgel capsule
One yellow, oblong Tri-En-All 400 softgel capsule
One natural gelatin Lipoic Acid capsule containing off-white to yellow powder
One natural gelatin Multi-Probiotic capsule containing off-white powder

Suggested Usage:

As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional. This product is best taken with meals.

DDS-1™ is a trademark of Nebraska Cultures, Inc. by the proprietary processes developed and researched by Dr. Khem Shahani of the University of Nebraska.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper resistant package.
do not use if outer seal is missing.

Formula #63058

