



# Ephedra-V

Standardized Herbal Extract  
6% total ephedrines



**Douglas  
Laboratories®** 60 Vegetarian Capsules

## Supplement Facts

Serving Size 1 vegetarian capsule

### Amount Per Serving

Ephedra Herbal  
Extract (aerial parts) 130 mg\*  
(*Ephedra sinica* Stapf)  
Standardized to provide  
8 mg total ephedrines

\*Daily Value not established.

Other ingredients: Cellulose, rice protein  
and vegetable stearate.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)

Ephedra, or Ma Huang (*Ephedra sinica* Stapf) contains alkaloids (ephedrine, pseudoephedrine, norephedrine and methylephedrine), tannins, saponins, flavones, catechins and terpenol. This extract is standardized at 6% total ephedrines.

**Suggested Usage:** As a dietary supplement, adults take 1 capsule daily between meals or as advised by your healthcare professional.

Stop use and consult your health care professional if allergic reactions occur. Warning: Consult a health care practitioner prior to use if you are pregnant or nursing, or have high blood pressure, heart or thyroid disease, diabetes, difficulty in urination due to prostate enlargement, or if taking an MAO inhibitor or any other prescription drug. Reduce or stop use if nervousness, tremor, sleeplessness, loss of appetite or nausea occur. Not intended for use by, or sale to, persons under the age of 18.

### KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.  
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

Formula #77322

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