

HERBAL DIETARY SUPPLEMENT

Suggested Usage: 1 capsule, 1-3 times per day or as directed by a health professional. Keep out of reach of children.

Natural Factors Sleep Relax Formula is a synergistic blend of calming herbs that help with occasional sleeplessness. Historically valued Valerian root extract (0.8% valerenic acid) calms and relaxes the nerves. It is frequently found in European over-the-counter sleeping aids. Passion flower, Scullcap and Hops have been historically used to promote sleep.*

All Natural Factors products are manufactured according to Canadian Health Protection Branch Good Manufacturing Practices (GMP), among the highest standards in the world. © MCMXCVIII

Contains no artificial preservatives or color, no dairy, sweeteners, wheat or yeast. Product has been sealed for your protection. Do not use if seal on cap is broken. For freshness store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS,

1111-80th St. SW, Ste 100

Everett, WA, USA 98203



Recyclable container and label.

Purity Potency
Guaranteed



natural
Factors

Sleep Relax

FORMULA

90 CAPSULES

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule
Valerian root (<i>Valeriana officinalis</i>), powdered extract 5:1 (root)	100mg**
Valerenic acids	0.8mg**
Passion Flower (<i>Passiflora incarnata</i>), powdered extract 4:1 (leaf and flower)	50mg**
Hops (<i>Humulus lupulus</i>), powdered extract 5:1 (strobiles)	25mg**
Scullcap (<i>Scutellaria SPP</i>), powdered (aerial part)	100mg**
Hops (<i>Humulus lupulus</i>), powdered (strobiles)	50mg**

**Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water) rice powder.

NATURAL SUPPORT FOR A
RESTFUL NIGHT'S SLEEP*



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