



Sleep Formula

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 Pack
(2 Tablets / 3 Capsules per pack)
Servings Per Container 30

Amount Per Serving		%DV
Calcium		
(from Calcium Citrate)	500 mg	50%
Magnesium		
(from 800 mg Magnesium Aspartate Complex)	200 mg	50%
Zinc	30 mg	200%
(from 150 mg Zinc Monomethionine OPTIZINC™)		

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate and silica.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn starch, sodium, sugar, artificial coloring, preservatives.

Suggested Usage: As a dietary supplement, adults take 1 Pack just before bedtime or as directed by your healthcare professional.

Each Pack Contains:

- 2 Oblong shaped, white tablets.
- 2 Natural gelatin capsules containing white powder.
- 1 Natural vegetarian capsule containing off-white powder.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper resistant package, do not
use if outer seal is missing.

OptiZinc™ is a trademark of InterHealth Company.



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