

**SUGGESTED USE:** As a dietary supplement, take one (1) to two (2) capsules daily, or as directed by a healthcare professional.

**OLYMPIAN LABS GUARANTEE:**

Olympian Labs guarantees that all OL products are of the highest quality ingredients and lab assayed to ensure that what we say on the label is actually in the product. All Olympian Labs products are free from most allergens such as corn, yeast, barley, gluten, wheat, soy, lactose, all milk products, fish, egg products, as well as added flavorings, sugars, sweeteners, salt, preservatives, salicylates, artificial colors and coatings. When you buy an Olympian Labs product, you can be sure you are buying the best.

Confused on what to take? Check yourself at:

[WhatVitaminsAreRightForYou.com](http://WhatVitaminsAreRightForYou.com)

KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.



Since 1992



1992

*diindolylmethane*

# DIM

*Supports enhanced estrogen  
metabolism for men and women\**

**60 Capsules / Dietary Supplement**

**OLYMPIAN LABS INCORPORATED**

## Supplement Facts

Serving Size: One (1) Capsule  
Servings Per Container: 60

Amount Per Serving:	% Daily Value*
DIM (diindolylmethane)	100 mg †

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Microcrystalline Cellulose (Plant Fiber), Rice Flour, Ascorbyl Palmitate and Silica.

**CAUTION:** Do not use this product if you are pregnant or lactating. Consult your healthcare professional before use if you have or have had a medical condition or are taking prescription medication.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in USA • Manufactured by:  
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