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This product contains NO yeast, wheat gluten, milk/dairy, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 dropper (1 ml) daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Warning: This product contains vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs. REFRIGERATE AFTER OPENING

MenaQ7
is a registered trademark of
Natural Vitamin K2

Mena Q7™ is a trademark of NattoPharma, Norway. Patents Pending.

For optimal storage conditions, store in a cool, dry place.(59°-77°F/15°-25°C)(35-65%relative humidity). Tamper resistant package, do not use if outer seal is missing.

Formula #57302



Liquid D and K

A Dietary Supplement

DOUGLAS
LABORATORIES®

1.0 fl. oz. (30 ml)

Supplement Facts

Serving Size 1 dropper (1 ml)
Servings per container 30

Amount Per Serving	%DV
Vitamin D-3 1,000 IU (cholecalciferol)	250%
Vitamin K 1,545 mcg as Vitamin K-2... 1 mg (1,000 mcg) (MK-4)	1,931%
Vitamin K-1 500 mcg	
Vitamin K-2 45 mcg (MK-7, as MenaQ7) [from soy]	

Other ingredients: Water, medium chain triglycerides, sunflower oil, cellulose, natural vanilla flavor, xanthan gum, potassium sorbate and stevia.

Manufactured in Canada for: **Douglas Laboratories**
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