



Ultra Preventive® X

A Low Allergenicity
Dietary Supplement



**Douglas
Laboratories®**

240 Tablets

Supplement Facts

Serving Size 8 Tablets • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (33% as Vitamin A Palmitate [5,000 IU/67% [10,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids†† 15,000 IU	300%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex) ... 1,400 mg	2,333%
Vitamin D-3..... 400 IU	100%
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols) 400 IU	1,333%
Thiamine..... 100 mg	6,667%
Riboflavin..... 50 mg	2,941%
Niacin/Niacinamide..... 190 mg	950%
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex) 100 mg	5,000%
Folic Acid 800 mcg	200%
Vitamin B-12 (as cyanocobalamin/methylcobalamin complex) 250 mcg	4,167%
Biotin 300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate) 500 mg	5,000%
Calcium (as Calcium Citrate/Ascorbate Complex) 500 mg	50%
Iodine (from Kelp) 200 mcg	133%
Magnesium (as Magnesium Aspartate/Ascorbate Complex) 500 mg	125%
Zinc (as Zinc Amino Acid Chelate) 25 mg	167%
Selenium (as Selenium Krebs†/Kelp complex) 200 mcg	286%
Copper (as Copper Amino Acid Chelate) 2 mg	100%
Manganese (as Manganese Aspartate Complex) 10 mg	500%
Chromium (Organically bound with GTF activity—low allergenicity) 200 mcg	167%
Molybdenum (as Molybdenum Krebs†) 100 mcg	133%
Potassium (as Potassium Aspartate Complex) 99 mg	2%
Lutein (natural) 6 mg	*
Lycopene (natural) 6 mg	*
Zeaxanthin..... 1 mg	*
Other Minerals, Nutrients and Trace Elements	
Inositol 100 mg	*
Trace Elements (from Sea Vegetation).....approx. 100 mcg	*

Amount Per Serving	%DV
Choline (from 150 mg Choline Citrate/Bitartrate).....60 mg	*
PABA (para-aminobenzoic acid) 50 mg	*
Boron (as Boron Aspartate/Citrate complex).....1.5 mg	*
Vanadium (as Vanadium Krebs†).....50 mcg	*
Amino Acids and Enzymes	
L-Cysteine/N-Acetyl L-Cysteine 150 mg	*
Betaine (from 150 mg Betaine HCl) 114 mg	*
Bromelain (2,000 GDU/g).....50 mg	*
Glutamic Acid (from 25 mg Glutamic Acid HCl).....20 mg	*
L-Methionine 12.5 mg	*
Bioflavonoids and Proanthocyanidins	
Rose Hips..... 100 mg	*
Lemon Bioflavonoids..... 100 mg	*
Red Wine Proanthocyanidins/Pine Bark Extract 50 mg	*
(OPC 85) (J. Mesquellier U.S. Patent No. 4,698,360)	
Hesperidin..... 35 mg	*
Rutin..... 25 mg	*
Vegetables Fruits and Herbs	
Proprietary Blend 700 mg	*
Kale(leaf), Spinach(leaf), Carrot(root), Radish(root), Celery(leaf and stalk), Apricot(fruit), Blackberry(fruit), Cranberry(fruit), Grape(fruit) and Pineapple(fruit).	
Blueberry (fruit) 100 mg	*
Garlic (bulb, Pure-Gar®, odorless) 100 mg	*
Broccoli (entire plant) 100 mg	*
Cauliflower (entire plant) 100 mg	*
Spirulina 100 mg	*
Chlorella (broken cell wall) 100 mg	*
Green Papaya Extract (fruit) 100 mg	*
Green Tea Extract (leaf) 50 mg	*
Sprouted Barley Juice (entire plant)..... 50 mg	*
Wheat Grass Juice (gluten free, entire plant)..... 50 mg	*
Beet Extract (root) 50 mg	*
Apple Pectin (fruit)..... 50 mg	*

*Daily Value not established.

Other ingredients: Cellulose and silica.

† Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†† Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Manufactured in the USA by:

Douglas Laboratories

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www.douglaslabs.com

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 8 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

Formula #45410



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