



Ultra Preventive® X

A Low Allergenicity
Dietary Supplement



**Douglas®
Laboratories**

**240 Vegetarian
Capsules**

Supplement Facts

Serving Size 8 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (33% as Vitamin A Palmitate [2,500 IU/ 67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids†† 7,500 IU	150%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex)..... 700 mg	1,167%
Vitamin D-3..... 200 IU	50%
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)..... 200 IU	667%
Thiamine..... 50 mg	3,333%
Riboflavin..... 25 mg	1,471%
Niacin/Niacinamide..... 95 mg	475%
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex)..... 50 mg	2,500%
Folic Acid..... 400 mcg	100%
Vitamin B-12 (as cyanocobalamin/ methylcobalamin complex)..... 125 mcg	2,083%
Biotin..... 150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)..... 250 mg	2,500%
Calcium (as Calcium Citrate/Ascorbate Complex) .. 250 mg	25%
Iodine (from Kelp)..... 100 mcg	67%
Magnesium (as Magnesium Aspartate/ Ascorbate Complex)..... 250 mg	63%
Zinc (as Zinc Amino Acid Chelate)..... 13 mg	87%
Selenium (as Selenium Krebs†/Kelp complex)..... 100 mcg	143%
Copper (as Copper Amino Acid Chelate)..... 1 mg	50%
Manganese (as Manganese Aspartate Complex)..... 5 mg	250%
Chromium (Organically bound with GTF activity—low allergenicity)..... 100 mcg	83%
Molybdenum (as Molybdenum Krebs†)..... 50 mcg	67%
Potassium (as Potassium Aspartate Complex)..... 50 mg	1%
Lutein (natural)..... 3 mg	*
Lycopene (natural)..... 3 mg	*
Zeaxanthin..... 0.5 mg	*
Other Minerals, Nutrients and Trace Elements	
Inositol..... 50 mg	*
Trace Elements (from Sea Vegetation) .. approx. 50 mcg	*
Choline (from 75 mg Choline Citrate/Bitartrate)..... 30 mg	*

Amount Per Serving	%DV
PABA (<i>para</i> -aminobenzoic acid)..... 25 mg	*
Boron (as Boron Aspartate/Citrate complex)..... 0.75 mg	*
Vanadium (as Vanadium Krebs†)..... 25 mcg	*
Amino Acids and Enzymes	
L-Cysteine/N-Acetyl L-Cysteine..... 75 mg	*
Betaine (from 75 mg Betaine HCl)..... 57 mg	*
Bromelain (2,000 GDU/g)..... 25 mg	*
Glutamic Acid (from 13 mg Glutamic Acid HCl)..... 10 mg	*
L-Methionine..... 6 mg	*
Bioflavonoids and Proanthocyanidins	
Rose Hips..... 50 mg	*
Lemon Bioflavonoids..... 50 mg	*
Red Wine Proanthocyanidins/Pine Bark Extract... 25 mg	*
(OPC 85) (J. Mesqueler U.S. Patent No. 4,698,360)	
Hesperidin..... 18 mg	*
Rutin..... 13 mg	*
Vegetables Fruits and Herbs	
Proprietary Blend..... 350 mg	*
Kale (leaf), Spinach (leaf), Carrot (root), Radish (root), Celery (leaf and stalk), Apricot (fruit), Blackberry (fruit), Cranberry (fruit), Grape (fruit) and Pineapple (fruit).	
Blueberry (fruit)..... 50 mg	*
Garlic (bulb, Pure-Gar®, odorless)..... 50 mg	*
Broccoli (entire plant)..... 50 mg	*
Cauliflower (entire plant)..... 50 mg	*
Spirulina..... 50 mg	*
Chlorella (broken cell wall)..... 50 mg	*
Green Papaya Extract (fruit)..... 50 mg	*
Green Tea Extract (leaf)..... 25 mg	*
Sprouted Barley Juice (entire plant)..... 25 mg	*
Wheat Grass Juice (gluten free, entire plant)..... 25 mg	*
Beet Extract (root)..... 25 mg	*
Apple Pectin (fruit)..... 25 mg	*

*Daily Value not established.

Other ingredients: Cellulose and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 8 vegetarian capsules daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,

store in a cool, dry place.

(59° - 77°F/15° - 25°C) (35-65% relative humidity)

Tamper resistant package,

do not use if outer seal is missing.

Formula #45405

