



Prosta-Pro Support Pack

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 pack (8 capsules/ 5 tablets per pack) • Servings Per Container 30

Amount Per Serving		%DV†
Calories	8	
Calories from Fat	8	
Total Fat	800 mg	1%
Saturated Fat	0 g	0%
Vitamin A (57% as Vitamin A Palmitate/ 43% [7525 IU] as BetaCarotene)	17,500 IU	350%
Vitamin C (Ascorbic Acid)	1600 mg	2667%
Vitamin D-3	50 IU	13%
Vitamin E (60 IU as d-alpha Tocopheryl Succinate/ 400 IU as natural, mixed tocopherols including alpha, beta, gamma and delta tocopherols/225 IU as d-alpha tocopheryl succinate)	665 IU	2217%
Thiamine (as Thiamine HCl)	50 mg	3333%
Riboflavin	25 mg	1471%
Niacin/Niacinamide	95 mg	475%
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	100 mg	5000%
Folic Acid	400 mcg	100%
Vitamin B-12 (on Ion Exchange Resin)	50 mcg	833%
Biotin	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	250 mg	2500%
Calcium (from Calcium Citrate/Ascorbate Complex)	250 mg	25%
Iodine (from Kelp)	100 mcg	67%
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	450 mg	113%
Zinc (from Zinc Amino Acid Chelate and Zinc Picolinate)	42.5 mg	283%
Selenium (Organic Selenium from Krebs†† Cycle and Kelp)	100 mcg	143%
Copper (from Copper Amino Acid Chelate)	1 mg	50%
Manganese (from Manganese Aspartate Complex)	10 mg	500%
Chromium (Organically bound with GTF activity—low allergenicity)	100 mcg	83%
Molybdenum (from Molybdenum Krebs††)	50 mcg	67%
Potassium (from Potassium Aspartate Complex)	148.5 mg	4%
Choline (from Choline Citrate/Bitartrate)	30 mg	*
Inositol	50 mg	*

Amount Per Serving

	%DV†
Citrus Bioflavonoid Complex	50 mg *
PABA (Para-Aminobenzoic Acid)	25 mg *
Vanadium (from Vanadium Krebs††)	25 mcg *
Boron (from Boron Aspartate/Citrate Complex)	0.75 mcg *
Trace Elements (from Sea Vegetation)	approx. 50 mcg *
L-Cysteine/N-Acetyl-L-Cysteine	100 mg *
L-Methionine	6 mg *
Glutamic Acid (from Glutamic Acid HCl)	10 mg *
L-Glutamic Acid	100 mg *
Betaine (from Betaine HCl)	57 mg *
Pygeum (bark) <i>Pygeum africanum</i> (standardized extract)	100 mg *
Pumpkin Seed Powder (seed)	200 mg *
Glycine	100 mg *
L-Alanine	100 mg *
Proanthocyanidins (OPC 85+)	20 mg *
Saw Palmetto (berry) (standardized extract)	320 mg *
Stinging Nettle Herbal Extract (leaf) (<i>Urtica dioica</i> L.) Standardized to provide 2.5 to 5 mg silica	250 mg *
Nettles (leaf) (non-standardized)	100 mg *
Pecta-Sol™ (Modified Citrus Pectin) Solubility: up to 200 g/liter	800 mg *
Red Wine Proanthocyanidins	50 mg *
Natural Triglyceride Marine Lipid Concentrate (Omega-3) providing:	667 mg *
Pure Eicosapentaenoic Acid (EPA)	80 mg *
Pure Docosahexaenoic Acid (DHA)	50 mg *
Borage Oil (Omega-6) providing:	100 mg *
Gamma Linolenic Acid (GLA)	10 mg *
Ginger (root)	20 mg *

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), silica and vegetable stearate.

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205 USA • www.douglaslabs.com

Each Pack Contains:

Three Dark Gold, Speckled Multiple Vitamin and Mineral Tablets
Two Tannish-Gray Male Nutrients Capsules
One Oblong, White Magnesium Aspartate Tablet
One Off-White Vitamin E Capsule
Two Large, Light Yellow Marine Lipid Concentrate Capsules
One Small, Brownish-Green Standardized Nettles Capsule
One Thicker, Oblong, Off-White Vitamin C Tablet
One Light Purple Proanthocyanidins Capsule
One Tan Pecta-Sol™ Capsule

Suggested Usage:

As a dietary supplement, adults take 1 pack daily with meals or as directed your healthcare Professional.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Pecta-Sol™ Modified Citrus Pectin is a complex polysaccharide rich in galactosyl residues and was developed by a research and development team working with the world's leading pectin scientists. Pecta-Sol™ is manufactured to GMP/ISO-9001 standards. Meets requirements of GRAS, CAS, WHO, EC, FCC. Pecta-Sol™ is a trademark of **ecoNugénics™**.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)
(35-65% relative humidity) Tamper resistant package,
do not use if outer seal is missing.

Formula #23030

