

LOT & EXP. AREA

Citracal[®]

plus

Bone Density BUILDER

NEW!

Citracal[®]

plus

Bone Density BUILDER

Calcium + Vitamin D

PLUS Genistein which
has been proven to
significantly increase
bone density*

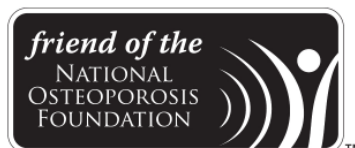
Multimineral Supplement
80 Coated Tablets



Your body becomes less able to absorb calcium as you age, however this is the time you need it the most.

†To maintain healthy bones, it is recommended that teen and adult women get regular exercise and eat a healthy diet with enough calcium throughout their lives. This may reduce the risk of osteoporosis, which can affect middle-aged and older women (particularly White and Asian women). While adequate calcium intake is important in nourishing your bones, taking more than 2,000 mg is not likely to provide any additional benefit.

Does not contain gluten, sugar, dairy or lactose



The Friend of NOF seal is a trademark of The National Osteoporosis Foundation.

Directions: Adults: Take two tablets twice daily with food or as recommended by your physician, pharmacist or health professional.

Supplement Facts

Serving Size: 2 tablets

	Amount Per Serving	% Daily Value
Vitamin D	400 IU	100%
Calcium (elemental)	600 mg	60%
Magnesium	50 mg	13%
Zinc	7.5 mg	50%
Copper	1 mg	50%
Manganese	2 mg	100%
Molybdenum	75 mcg	100%
Boron	250 mcg	*
Genistein	27 mg	*

*Daily Value not established.

INGREDIENTS: Calcium Carbonate, Calcium Citrate, Polyethylene Glycol, Magnesium Oxide, Croscarmellose Sodium, Genistein (Soy Isoflavone), Manganese Gluconate, Hypromellose, Titanium Dioxide (color), Zinc Oxide, Magnesium Silicate, Copper Gluconate, Molybdenum Amino Acid Chelate, Sodium Borate, Magnesium Stearate, Vitamin D₃ (Cholecalciferol).

KEEP OUT OF REACH OF CHILDREN

If pregnant or breast-feeding, ask a health professional before use.

Do not use if printed foil seal is torn or missing.

Questions or comments?

Please call 1-866-511-9328 (Mon - Fri 9AM-5PM EST)
Visit our website at www.citracal.com

Bayer

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