



Ultra-AM Capsules

A Dietary Supplement



Douglas Laboratories®

120 Capsules

Supplement Facts

Serving Size 4 capsules • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (29% as Vitamin A Palmitate/ 71% [12,500 IU] as Beta-Carotene)	17,500 IU 350%	Molybdenum (from Molybdenum Amino Acid Complex).....	100 mcg 133%
Vitamin C (Ascorbic Acid)	400 mg 667%	Potassium (from Potassium Aspartate/ Chloride Complex).....	50 mg 1%
Vitamin D-3.....	75 IU 19%	Bioflavonoid Complex	150 mg *
Vitamin E (as d-alpha Tocopheryl Succinate).....	200 IU 667%	Inositol.....	25 mg *
Thiamine	50 mg 3333%	Choline (from 50 mg Choline Citrate).....	18 mg *
Riboflavin (as Riboflavin/Riboflavin-5-Phosphate) ...	30 mg 1765%	PABA (para-Aminobenzoic Acid).....	100 mg *
Niacin/Niacinamide	85 mg 425%	Vanadium (from Vanadium Amino Acid Chelate).....	50 mg *
Vitamin B-6 (as Pyridoxine HCl Pyridoxal-5-Phosphate Complex)	55 mg 2750%	Boron (from Boron Aspartate	1 mg *
Folic Acid.....	300 mcg 75%	Aspartate Complex).....	75 mcg *
Vitamin B-12 (on Ion Exchange Resin)	200 mcg 3333%	Silica	75 mcg *
Biotin	600 mcg 200%	Trace Minerals-72 Complex.....	150 mcg *
Pantothenic Acid	250 mg 2500%	N-Acetyl-L-Cysteine.....	30 mg *
Calcium (from Calcium Carbonate/ Citrate Complex)	25 mg 3%	L-Methionine.....	2 mg *
Magnesium (from Magnesium Aspartate Complex)	200 mg 50%	Glutamic Acid (from 15 mg	12 mg *
Zinc (from Zinc Amino Acid Chelate)	25 mg 167%	Glutamic Acid HCl)	
Selenium (from Selenium Selenate/ Seleno-Methionine Complex)	100 mcg 143%	Betaine (from 25 mg Betaine HCl)	19 mg *
Manganese (from Manganese	5 mg 250%		
Aspartate Complex)			
Chromium GTF	200 mcg 167%		
(from Chromium Polynicotinate)			

*Daily Value not established.

Other ingredients: Gelatin (capsule), cellulose, vegetable stearate and silica.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 2 to 4 capsules daily with the morning meal or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/ 15°-25°C)
(35-65% relative humidity)

Tamper resistant package, do not use if
outer seal is missing.



Formula #9434