

LOT & EXP. AREA

Citracal Calcium Citrate



MAXIMUM

Also Supports Breast Health With More[‡] Vitamin D*



Citracal

Calcium Citrate

with Vitamin D

MAXIMUM

CAPLET DOSE



Calcium Supplement 60 Coated Caplets

Directions: Adults: Take 1 to 2 caplets two times daily or as recommended by your physician, pharmacist or health professional. For breast health support, take two caplets twice daily.

Supplement Facts

Serving Size: 2 caplets

	Amount Per Serving	% Daily Value
Vitamin D	500 IU	125%
Calcium (elemental)	630 mg	63%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Croscarmellose Sodium, Polyvinyl Alcohol-Part Hydrolyzed, Titanium Dioxide (color), Magnesium Silicate, Magnesium Stearate, Vitamin D₃ (Cholecalciferol).

If pregnant or breast-feeding, ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

Do not use if printed foil seal is torn or missing.

Questions or comments? Please call 1-866-511-9328 (Mon - Fri 9AM-5PM EST)

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Citracal.

Calcium Citrate

Calcium fights osteoporosis[†]

- Only Citracal® has calcium citrate^{††}
- With more[‡] vitamin D for unsurpassed absorption and breast health support*
- Absorbed with or without
- More[‡] calcium per caplet

†† Among leading calcium brands

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Citracal® Calcium Citrate

[†] To maintain healthy bones, it is recommended that teen and adult women get regular exercise and eat a healthy diet with enough calcium throughout their lives. This may reduce the risk of osteoporosis, which can affect middle-aged and older women (particularly White and Asian women). While adequate calcium intake is important in nourishing your bones, taking more than 2,000 mg is not likely to provide any additional benefit.



The Friend of NOF seal is a trademark of The National Osteoporosis Foundation.



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