

**SUGGESTED USE:** As a dietary supplement, take one (1) capsule daily with a meal, or as directed by a healthcare professional.

**OLYMPIAN LABS GUARANTEES:**

Olympian Labs guarantees that all our products are of the highest quality ingredients and lab assayed to ensure that what we say on the label is actually in the product. All Olympian Labs' products are free from most allergens such as corn, yeast, barley, gluten, wheat, soy, lactose, all milk products, citrus, fish, egg products, as well as added flavorings, sugars, sweeteners, salt, preservatives, salicylates, and artificial colors and coatings. When you buy an Olympian Labs product, you can be sure you are buying the best.

KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.



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Since 1992

*100% Vegetarian Capsules*

# BIOTIN

*Vitamin H*

**1 mg • 60 Capsules / Dietary Supplement**

**OLYMPIAN LABS INCORPORATED**

## Supplement Facts

Serving Size: One (1) Capsule  
Servings Per Container: 60

Amount Per Serving:	% Daily Value*
Biotin (Vitamin H) (as d-biotin) 1 mg	333%

\*Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose (Plant Fiber), Rice Flour, and Silica.

**WARNING:** Consult your healthcare professional before taking this product if you are taking any prescriptive medications, pregnant or nursing a baby.

Confused on what to take? Check yourself at:

**WhatVitaminsAreRightForYou.com**

Made in USA • Manufactured by:

OLYMPIAN LABS INCORPORATED

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1-800-473-5883 • [www.olympianlabs.com](http://www.olympianlabs.com)